

Peer Support for New Hampshire Youth in Recovery



Creating Connections NH is building a community of recovery supports for youth who experience Substance Use Disorder (SUD) or SUD with co-occurring mental health disorders, including Alternative Peer Groups (APGs). APGs offer young people a chance to connect at least once a week with peers in an environment that is safe, substance-free, and recovery-focused.



Alternative Peer Groups provide...



Safe, supportive peer environment



Fun, substance free activities



Sense of belonging



Reduce stigma of being in recovery

More than just meeting up...

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Youths' physical and emotional safety and privacy are a priority
 - Opportunities for family/ caregiver involvement

Connect with a Group in Your Area



Live Free Recovery – Newton and Rochester
livefreerecovery.com 603.702.2461

Seacoast Outright – Portsmouth/Dover
seacoastoutright.org 603.552.5824

Revive Recovery – Nashua
reviverecovery.org 888.317.8312

Hope for NH Recovery – Manchester
recoverynh.org 603.935.7524