MDT Solutions Team Description for Family Members

Multi-Disciplinary *Solutions Team*:

The *Multi-Disciplinary (MDT) Solutions Team* at Amherst Street Elementary School helps families identify realistic solutions to concerns through the development of a **Solutions Plan**. The goal of a Solutions Plan is to ease stress and lead to helpful student and family outcomes.   The process includes the following steps:

1. *Gather important information.*
2. *Organize a Solutions Team meeting.*
3. *Develop a Solutions Plan.*
4. *Support the implementation of the plan.*

Gather Important Information:

The big idea in this step is to gather information from many perspectives including parents (guardians), school (those at the school who know the child best), and the student him/herself. Information will highlight strengths and resources, common concerns, and desired results.

Organize a Solutions Team Meeting:

This step addresses the development of a **Solutions Team** and the scheduling of a *Solutions Team Meeting*. People from the school and community with various types of skills, experience and information will be available to attend Solutions Team meetings, but the student's parent (or guardian) will determine their own Solutions Team.   Emphasis is placed on parent comfort, assuring that the team is not too large and that the parent has trusted people at the meeting (including the opportunity to invite a close friend or relative). Once invitees are determined, the meeting will be scheduled.

Develop a Solutions Plan:

At the *Solutions Team Meeting*, a specific plan will be developed designed to address key concerns, reduce family and student stress, and attain helpful results.

Support the Implementation of the Solutions Plan:

After the *Solutions Team Meeting*, the *Solutions Plan* will supported in two ways:

1. A trusted team member from the school will schedule check-ins with the family to support the implementation of the plan.
2. A follow-up Solutions Team Meeting will be scheduled to monitor the progress of the plan and address any problems with implementation.