

YOUTH Progress Scale

We want to see how you have been doing over the last week, including today with family, socially, emotionally, and with school and/or employment. Please answer as honestly as you can – there are no right or wrong answers.

1. [Insert group-specific item(s) here]

2. How have things been going with **family relationships**?

1	2	3	4	5
Very Bad: Not getting along well with family at all		So-so: getting along with family at least a little bit, some days		Very Good: getting along well with family all the time, every day

3. How have things been going **socially** in your life outside of home and school, with friends and people in your community?

1	2	3	4	5
Very Bad: not connected at all with others		So-so: some connection with others at least some days		Very Good: connected with others, all the time

3. How have things been going with **school and academics**?

1	2	3	4	5
Very Bad: things have been bad at school all of the time		So-so: things have been ok at school most of the time, or sometimes good and sometimes bad		Very Good: things have been good at school all of the time

4. How have you been doing with your **emotions and personal sense of well-being**?

1	2	3	4	5
Very Bad: I have felt bad all of the time		So-so: I have felt ok most of the time, or sometimes good and sometimes bad		Very Good: I have felt good all of the time

5. So, how would you rate how things are going in your **life overall**?

1	2	3	4	5
Very Bad overall		So-so overall		Very Good overall