

And Now It's Time for...

\$ **the**
PRICE
is
Right



Match the Breakfast Label Game...
Have you ever really looked at the labels???

You have 30 second to match the partial labels to the correct breakfast food.



You can use the audience for help



Item 1

- Whole grain corn
- Sugar
- Corn syrup
- Tricalcium Phosphate
- Trisodium Phosphate
- Red 40
- Yellow 6
- Blue 1



Item 2

- Apples
- High Fructose Corn Syrup
- Sugar
- Red 40
- Blue 1

Item 5

100% Natural Rolled Oats

Item 3

- High Fructose Corn Syrup
- Apple Puree
- Sodium Alginate
- Modified Corn Starch
- Niacinamide
- Sodium Stearoyl Carrageenan

Item 4

- Enriched Wheat Flour
- High Fructose Corn Syrup
- Modified Corn Starch
- Sodium Aluminum Phosphate
- Titanium Dioxide
- Brown Sugar
- Cinnamon



Match to the items: Nutri-grain bars, Pop tarts, Trix Cereal,

Quick Oats, Mixed Berry

Bob Barker Says...

Do you ever take the time to read the labels? Do you know what all those big words mean? Yeah, me neither. Maybe we should find out before we feed all this Sodium Aluminum Phosphate and Titanium Dioxide to our kids...
And now, our next contestant, come on down!



*disclaimer – Bob Barker didn't really say that.



Rank That Veggie



You have 30 second to rank the veggies best to worse in terms of amount of pesticides:

Asperagus

Spinach

Celery

Bell Peppers

Peas

Fruit: dirty dozen or clean fifteen?

Bananas

Kiwi

Apples

Cherries

Mango

Grapes, imported (Chile)

Nectarines

Peaches

Papaya

Pineapple

