Training Insights is a bi-weekly publication of The Mental Health Center of Greater Manchester in Manchester, NH.

The information in this calendar may be subject to change, so be sure to confirm offering details with the sponsor(s).

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Please send your training dates, suggestions, or comments to Joann Batty at 603-206-8609 or e-mail: battyjoa@mhcgm.org

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<th>~ 2 0 1 6 S E P T E M B E R 2 0 1 6 ~</th>
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<tr>
<td>Sept. 9, 16, 23, 30 and Oct. 7</td>
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<td>Sept. 14</td>
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<td>Sept. 14</td>
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<td>Sept. 16</td>
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<td>Sept. 20</td>
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| Sept. 22 | Internal Family Systems Therapy  
*Frank G. Anderson, MD*       | PESI         | $199.99 - $219.99  
6 credits * | Executive Court Conference Center  
1199 S. Mammoth Road, Manchester, NH 03109 | www.pesi.com  
info@lesi.com  
800-844-8260 |
| Sept. 23 | “Mindfulness, Relationships and the Brain: healing the other self”  
*Elizabeth Brenner, LICSW* | UNH Dept. of Social Work | $100         | Granite State College Concord  
Concord  
Martha Byam, 603-862-1077 | martha.byam@unh.edu  
Martha Byam, 603-862-1077 |
| Sept. 23 | Positively Healing Shame  
*Deidre Fay, LICSW*        | Brattleboro Retreat | $143 - $188  
6 credits * | Brattleboro Retreat  
1 Anna Marsh Lane  
Brattleboro, VT 05302 | www.brattlebororetreat.org/conferences  
802-258-4359 |
| Sept. 26 | Clinical Documentation with Larry Tyler, LADC, CCS                   | NHADACA      | $50 - $60  
6 Contact Hours *NBCC  
add $5* | NHADACA  
130 Pembroke Rd  
Concord, NH | www.nhadaca.org  
traininginstitute@nhadaca.org  
(603) 225-7060 |
| Sept. 27 | Advances in Diagnosis and Treatment of Neuromuscular & Neurodegenerative Disorders – What’s Changed in 2016?  
*Susan Fralick-Ball, PsyD*  
| PESI | $199.99 - $219.99  
6 credits * | Executive Court Conference Center  
1199 S. Mammoth Road, Manchester, NH 03109 | www.pesi.com  
info@lesi.com  
800-844-8260 |
| Sept. 27 | Psychopharmacology for Mental Health Professionals  
*Alan S Bloom, PhD*        | PESI         | $199.99 - $219.99  
6 credits * | Executive Court Conference Center  
Manchester, NH 03109 | www.pesi.com  
info@lesi.com  
800-844-8260 |
| Sept. 29 | Reasoning with Unreasonable People: Focus on Disorders of Emotional Regulation  
*Joseph W. Shannon, PhD*  
| Brattleboro Retreat  
(Agawam, MA) | $143 - $188  
6 credits * | Crestview Country Club  
281 Shoemaker Lane  
Agawam, MA 01001 | www.brattlebororetreat.org/conferences  
802-258-4359 |

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**2016 October**

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<th>Date</th>
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<th>Organization</th>
<th>Fee</th>
<th>Location</th>
<th>Contact Information</th>
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| Oct. 5  | LEAP Training (Listening, Empathizing, Agreeing and Partnering)  
*Harry Cunningham, LICSW* | The Mental Health Center of Greater Manchester  
Manchester | $100  
6 credits * | MHCGM  
5 Blodget St.  
Manchester, NH | http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/  
Joann Batty 603-206-8609  
battyjoa@mhcgm.org |
| Oct. 6  | The Acceptance and Commitment Therapy Matrix  
*Kevin Polk, PhD* | Brattleboro Retreat  
(Agawam, MA) | $143 - $188  
6 credits * | Crestview Country Club  
281 Shoemaker Lane  
Agawam, MA 01001 | www.brattlebororetreat.org/conferences  
802-258-4359 |
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<th>Date</th>
<th>Event Title</th>
<th>Location</th>
<th>Cost</th>
<th>Credits</th>
<th>Organizer/Contact Info</th>
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<tr>
<td>Oct. 13</td>
<td>EMDR &amp; Mindfulness  &lt;br&gt; <em>Amber Stiles-Bodnar, MSEd, LPCC-S, LCDCIII</em></td>
<td>PESI</td>
<td>$199.99 - $219.99  &lt;br&gt; 6 credits *</td>
<td>Executive Court Conference Center 1199 S. Mammoth Road, Manchester, NH 03109</td>
<td><a href="http://pesi.com">pesi.com</a>  &lt;br&gt; <a href="mailto:info@pesi.com">info@pesi.com</a>  &lt;br&gt; 800-844-8260</td>
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<td>Oct. 13</td>
<td>Motivational Interviewing ~ in ~  &lt;br&gt; Mental Health &amp; Substance Abuse Treatment  &lt;br&gt; <em>Jennifer Boudreau, LICSW  &lt;br&gt; Mike Bradley, MA, LCMHC, MLADC</em></td>
<td>The Mental Health Center of Greater Manchester  &lt;br&gt; 6 credits *</td>
<td>MHCGM 5 Blodget St.  &lt;br&gt; Manchester, NH</td>
<td><a href="http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/">http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/</a>  &lt;br&gt; Joann Batty 603-206-8609  &lt;br&gt; <a href="mailto:battyjoa@mhcgm.org">battyjoa@mhcgm.org</a></td>
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<td>Oct. 14</td>
<td>Psychotherapy Relationships and Treatment Adaptations  &lt;br&gt; That Work  &lt;br&gt; <em>John C. Norcross, PhD, ABPP</em></td>
<td>Brattleboro Retreat  &lt;br&gt; 6 credits *</td>
<td>Brattleboro Retreat 1 Anna Marsh Lane  &lt;br&gt; Brattleboro, VT 05302</td>
<td><a href="http://www.brattlebororetreat.org/conferences">www.brattlebororetreat.org/conferences</a>  &lt;br&gt; 802-258-4359</td>
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<td>Oct. 18</td>
<td>Connect Suicide Prevention Program:  &lt;br&gt; Postvention Response to Suicide Death for Mental Health and Substance Abuse Providers  &lt;br&gt; <em>Mike Bradley, Suzanne O’Gara</em></td>
<td>The Mental Health Center of Greater Manchester  &lt;br&gt; 3.0 credits *</td>
<td>MHCGM 5 Blodget St.  &lt;br&gt; Manchester, NH</td>
<td><a href="http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/">http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/</a>  &lt;br&gt; Joann Batty 603-206-8609  &lt;br&gt; <a href="mailto:battyjoa@mhcgm.org">battyjoa@mhcgm.org</a></td>
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<td>Oct. 19</td>
<td>Cognitive Behavioral Therapy (CBT):  &lt;br&gt; Overview and Practice  &lt;br&gt; <em>Mike Bradley, MA, LCMHC, MLADC</em></td>
<td>The Mental Health Center of Greater Manchester  &lt;br&gt; 3.5 credits *</td>
<td>MHCGM 5 Blodget St.  &lt;br&gt; Manchester, NH</td>
<td><a href="http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/">http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/</a>  &lt;br&gt; Joann Batty 603-206-8609  &lt;br&gt; <a href="mailto:battyjoa@mhcgm.org">battyjoa@mhcgm.org</a></td>
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<td>Oct. 20</td>
<td>Motivational Interviewing in Mental Health and Addiction Treatment: Understanding the Practitioner’s Role in the Process  &lt;br&gt; <em>Mary-K O’Sullivan, LMFT, LADC, LPC</em></td>
<td>Brattleboro Retreat  &lt;br&gt; 6 credits *</td>
<td>Brattleboro Retreat 1 Anna Marsh Lane  &lt;br&gt; Brattleboro, VT 05302</td>
<td><a href="http://www.brattlebororetreat.org/conferences">www.brattlebororetreat.org/conferences</a>  &lt;br&gt; 802-258-4359</td>
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<td>Oct. 21</td>
<td>HIV Update for Substance Abuse Professionals  &lt;br&gt; <em>James Figueiredo</em></td>
<td>NHADACA  &lt;br&gt; 6 Contact Hours *NBCC add $5</td>
<td>NHADACA 130 Pembroke Rd  &lt;br&gt; Concord, NH</td>
<td><a href="http://www.nhadaca.org">www.nhadaca.org</a>  &lt;br&gt; <a href="mailto:traininginstitute@nhadaca.org">traininginstitute@nhadaca.org</a>  &lt;br&gt; (603) 225-7060</td>
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| Oct. 21| 17th Erik Cogswell Memorial Conference: Breaking Barriers: Developments in Treatment and Supports for Bipolar Disorder and Other Mental Illnesses  
Kevin Hines | Seacoast Mental Health Center, Inc. | TBD                       | Harbor Events and Conference Center Portsmouth NH  
diane Cyr 603-957-5767  
dcyr@smch-nh.org  
Nomination Form: cogswell memorial award nomination form.pdf |
| Oct. 27| Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed  
Jay Berk, PhD | PESI | $199.99 - $219.99  
6 credits * | Executive Court Conference Center  
1199 S. Mammoth Road, Manchester, NH 03109  
www.pesi.com  
info@pesi.com  
800-844-8260 |
| Oct. 28| ART Therapy – 77 Creative Interventions for Challenging Children who Shut Down, Meltdown or Act out  
6 credits * | Executive Court Conference Center  
1199 S. Mammoth Road, Manchester, NH 03109  
www.pesi.com  
info@pesi.com  
800-844-8260 |
| Oct. 28| “Comprehensive Family Treatment of Substance Abuse: Forty years later”  
Dr. David Treadway | UNH Dept. of Social Work | $110-$125 | UNH School of Law/Concord  
martha.byam@unh.edu  
Martha Byam, 603-862-1077 |
| Oct. 28| Psychotherapy for Psychosis: Integrating Cognitive Behavioral and Psychodynamic Techniques  
Michael Garrett, MD | Brattleboro Retreat | $143 - $188  
6 credits * | Brattleboro Retreat  
1 Anna Marsh Lane  
Brattleboro, VT 05302  
www.brattlebororetreat.org/conferences  
802-258-4359 |
| Nov. 2 | CALM Training - Counseling on Access to Lethal Means  
Harry Cunningham, LICSW  
Mark Bodwell, LCMHC | The Mental Health Center of Greater Manchester | $50  
3 credits * | MHCGM  
5 Blodget St.  
Manchester, NH  
http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/  
Joann Batty 603-206-8609  
battyjoa@mhcgm.org |
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<tr>
<th>Nov. 4</th>
<th>NH 13th Annual Suicide Prevention Conference</th>
<th>NAMI NH</th>
<th>MORE INFO SOON!</th>
<th>SERESC</th>
<th>Bedford, NH</th>
<th><a href="http://www.brattlebororetreat.org/conferences">www.brattlebororetreat.org/conferences</a> 802-258-4359</th>
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<td>Nov. 4</td>
<td>Couples, Kids, Courts, and Health Care: Ethical Challenges Gerald Koocher, PhD, ABPP</td>
<td>Brattleboro Retreat</td>
<td>$143 - $188 6 credits *</td>
<td>Brattleboro Retreat 1 Anna Marsh Lane Brattleboro, VT 05302</td>
<td><a href="http://www.brattlebororetreat.org/conferences">www.brattlebororetreat.org/conferences</a> 802-258-4359</td>
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<td>Nov. 4-5</td>
<td>Treating Couples Helen Fisher, PhD and others</td>
<td>Dept. Of Psychiatry Harvard Cambridge Health Alliance</td>
<td>$295-$395 14 credits *</td>
<td>Hyatt Regency Boston MA</td>
<td><a href="http://www.cambridgecme.org">www.cambridgecme.org</a> 617-384-8600</td>
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<td>Nov. 9 &amp; 10</td>
<td>Illness Management &amp; Recovery (IMR) Training Jennifer Boudreau, Jennifer DeVoe, Jessica LaChance, Kari Sanborn Bruce</td>
<td>The Mental Health Center of Greater Manchester</td>
<td>$160 12 credits *</td>
<td>MHCGM 5 Blodget St. Manchester, NH</td>
<td><a href="http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/">http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/</a> Joann Batty 603-206-8609 <a href="mailto:battyjoa@mhcgm.org">battyjoa@mhcgm.org</a></td>
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<td>Nov. 10</td>
<td>“Houston, We Have a Problem.” When a Young Adult Fails to Launch Successfully Kevin P. Gallagher, MS, LCMHC, NCC</td>
<td>Brattleboro Retreat (Agawam, MA)</td>
<td>$143 - $188 6 credits *</td>
<td>Crestview Country Club 281 Shoemaker Lane Agawam, MA 01001</td>
<td><a href="http://www.brattlebororetreat.org/conferences">www.brattlebororetreat.org/conferences</a> 802-258-4359</td>
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<td>Nov. 17</td>
<td>Self-Compassion in Psychotherapy: Brain-Based Techniques Tim Desmond, LMFT</td>
<td>Brattleboro Retreat (Agawam, MA)</td>
<td>$143 - $188 6 credits *</td>
<td>Crestview Country Club 281 Shoemaker Lane Agawam, MA 01001</td>
<td><a href="http://www.brattlebororetreat.org/conferences">www.brattlebororetreat.org/conferences</a> 802-258-4359</td>
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<td>Nov. 21</td>
<td>Smart But Scattered: Executive Dysfunction at Home and at School Peg Dawson, EdD</td>
<td>Brattleboro Retreat</td>
<td>$143 - $188 6 credits *</td>
<td>Brattleboro Retreat 1 Anna Marsh Lane Brattleboro, VT 05302</td>
<td><a href="http://www.brattlebororetreat.org/conferences">www.brattlebororetreat.org/conferences</a> 802-258-4359</td>
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<td>Dec. 2</td>
<td>Traumatic Stress in Racial and Sexual Minorities Nnamdi Pole, PhD</td>
<td>Brattleboro Retreat</td>
<td>$143 - $188 6 credits *</td>
<td>Brattleboro Retreat 1 Anna Marsh Lane Brattleboro, VT 05302</td>
<td><a href="http://www.brattlebororetreat.org/conferences">www.brattlebororetreat.org/conferences</a> 802-258-4359</td>
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<td>Dec. 9</td>
<td>The Troubled Triangle: The Developmental Neurobiology of Addiction, Attachment, and Trauma</td>
<td>Brattleboro Retreat 1 Anna Marsh Lane Brattleboro, VT 05302</td>
<td>$143 - $188</td>
<td>6 credits*</td>
<td><a href="http://www.brattlebororetreat.org/conferences">website</a> 802-258-4359</td>
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<td>Dec. 9-10</td>
<td>Assessing and Treating Self-Destructive Behaviors</td>
<td>Harvard Cambridge Health Alliance</td>
<td>$295-$395</td>
<td>14 credits*</td>
<td><a href="http://www.cambridgecme.org">website</a> 617-384-8600</td>
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<td>Dec. 15</td>
<td>Integrated Treatment of Co-Occurring Disorders (IDDT)</td>
<td>The Mental Health Center of Greater Manchester</td>
<td>$100</td>
<td>6 credits*</td>
<td><a href="http://www.mhcgm.org/professional-resources/continuing-education/training-opportunities/">website</a> Joann Batty 603-206-8609 <a href="mailto:battyjoa@mhcgm.org">battyjoa@mhcgm.org</a></td>
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*Continuing education credits are available, but you should contact your licensing/certification board to determine eligibility to meet your continuing education requirements.

**The Mental Health Center of Greater Manchester** is a private non-profit community mental health center that has provided mental health services to children, teenagers, adults and seniors for more than 50 years. Our service area includes Bedford, Goffstown, New Boston, Hooksett, Auburn, Candia, Londonderry and Manchester, NH. [website](http://www.mhcgm.org)

**Bedford Counseling Associates** has been serving the needs of the community for more than 25 years. Our exceptional staff can offer a wide variety of counseling services for individuals of all age groups. We provide a comfortable atmosphere in a convenient downtown location, with flexible office hours. [website](http://www.bedfordcounseling.org)