



New Hampshire's  
Charting the LifeCourse  
Community of Practice  
cordially invites you to:

*A Foundational Skill-  
Building Workshop for  
Self-Advocates &  
Families*

Five, two-hour sessions via  
Zoom from 4:30pm-6:30pm  
(EST) on:

- March 3<sup>rd</sup>, 2022
- March 10<sup>th</sup>, 2022
- March 17<sup>th</sup>, 2022
- March 24<sup>th</sup>, 2022
- March 31<sup>st</sup>, 2022

Have you heard of Charting the LifeCourse?  
Curious about what it is? Want to learn more?  
Here is your opportunity! **Attend this no cost  
event!**

This is a chance for self-advocates and families to  
come together and learn about Charting the  
LifeCourse. You will learn how it can be used to  
identify and share what is important to you and  
your family, advocate for those choices, problem  
solve, plan, and make goals for the future.

This is a five-part series so you should be prepared  
to attend all five sessions. This will be a virtual  
event and will occur through Zoom.

\*Please note a separate workshop is being  
scheduled specifically for professionals!

Register by clicking this link:  
[Foundational Skill Building  
Workshop Registration](#)

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If you have questions, please contact  
Mary St Jacques at  
[mary.stjacques@unh.edu](mailto:mary.stjacques@unh.edu)

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All five sessions will be recorded and  
available to attendees for 30 days  
after the final session for anyone who  
misses one session.