# How do we want to share about our research project?

[project logo or short title]

**Instructions:** Use this worksheet to decide how your team wants to share about what you all did and what you all learned in your project.

Do the worksheet on page 2 for every person or group of people your team wants to share about your research with. Your team can think about all the types of sharing, or just some types of sharing.

Remember to review your authorship agreement. If you haven’t done it yet, this is a great time to do it.

## What are our goals for sharing about our research?

* **What** do we want people to learn?
* **Who** needs to learn this information?

## The person or group of people we want to share with is:

| Type of sharing (click the links to learn more about the different types of sharing) | How this helps reach our sharing goals | How this does NOT help reach our sharing goals |
| --- | --- | --- |
| [Podcast](#_Podcast:)Two people talking in front of a microphone. |  |  |
| [Video](#_Video:_1) A screen with video playing. |  |  |
| [Presentation](#_Presentation:)A person giving a presentation. |  |  |
| [Article in an academic journal](#_Article_in_a)A piece of paper with text. |  |  |
| [Easy read summary](#_Easy_read_summary:) A piece of paper with bullet points. |  |  |
| [Article in a newsletter or local newspaper](#_Article_in_a_1)A newspaper. |  |  |
| [Brochure](#_Brochure:)A trifold brochure with images and text. |  |  |
| [Policy brief](#_Policy_brief:)A government building. |  |  |
| [Infographic](#_Infographic:)A long paper with pie chart, bar graph, text, and photo on it. |  |  |
| Something else |  |  |

# Types of Sharing: Definitions and Examples

## Podcast:

Sharing about your team’s research by making an audio recording. Podcasts can include interviews by a podcast host about your team’s research. They can also include your team talking about the research.

Examples of podcasts:

* [Mental health research](https://mhddcenter.podbean.com/e/ep-30-interview-with-boston-university-research-team/)
* [Inclusive intervention research](https://www.blogtalkradio.com/aotainc/2024/06/19/peer-mentoring)

## Video:

Sharing about your research by having people watch a video. The video might include people talking and pictures. Your team can post this video on your website, YouTube, Vimeo, social media, or anywhere else you think people will see it. Your team can also use it in talks that you give to other people.

Examples of videos:

* [Mental health research](https://youtu.be/ZlsuSLihjCk)
* [Building community partnerships and trust](https://tandriddmentalhealth.ot.phhp.ufl.edu/know-about-and-work-to-prevent-harms-in-idd-mh-research-practice/)

## Presentation:

Sharing about your research in front of an audience. This could be at a conference or an event in person. Or your team could do a videoconference like a Zoom meeting.

## Article in an academic journal:

Sharing about your research in a journal that other researchers read. People who work with people with disabilities (like doctors, therapists, and teachers) also read these journals.

Your team would write about your research and submit your writing to other researchers to get feedback. Sometimes they tell you to change things you wrote. Sometimes they don’t accept your article in the journal.

Some journals will accept an article in plain language. Other journals will want the article to have more technical language.

Sometimes these articles are not free for everyone who might want to read it. You can work together as a team to share ideas and all be authors on the journal article.

Examples of articles in academic journals:

* [Plain language journal article](https://www.mdpi.com/2076-0760/11/3/127)
* [Journal article with complex language that includes plain language textboxes](https://www.tandfonline.com/doi/abs/10.1080/09638288.2022.2037749)
* [Journal article with complex language](https://pmc.ncbi.nlm.nih.gov/articles/PMC5568911/)

## Easy read summary:

Easy-read or plain language summaries of the research usually explain what your team learned in the research. It might be a summary of an article your team publishes in an academic journal.

Example of an easy read summary and a tool to help create your own:

* [Easy read summary template](https://ausderau.waisman.wisc.edu/easy-read-article-summaries/)
* [Easy read summary example](https://www.fedvol.ie/_fileupload/Inclusive%20Research%20Network/IRN%20Doctors%20and%20Us%20Report%20Final.pdf)

## Article in a newsletter or local newspaper

An article about the main things your team learned in your research. Your team will make a statement about what the research means and what should happen next.

Example of a newspaper article:

* [Op-ed newspaper article](https://www.commondreams.org/opinion/end-subminimum-wage)

## Brochure:

Usually, 1-2 pages of information with key ideas and pictures. This is something your team can hand out to people at events and conferences.

Example of a brochure:

* [Example brochure](https://universitysystemnh-my.sharepoint.com/%3Ab%3A/g/personal/as2501_usnh_edu/EbEOLuRYjQVJk2E19qXdjfIBYYBhZ3rw0r6uzjE23c7OFw?email=Ariel.Schwartz%40unh.edu&e=4t8vyI)

## Policy brief:

A short summary of your research that helps people think about policy. It might also include recommendations for policy. The data should support the policy recommendations your team makes.

Example of a policy brief:

* [Example policy brief](https://autisticadvocacy.org/policy/briefs/healthcare-transition/)

## Infographic:

Sharing about research using pictures, graphs, and a few words. This type of sharing usually only includes a summary or main points of the research.

Example of an infographic:

* [Example infographic](https://www.cdc.gov/disability-and-health/articles-documents/disability-impacts-all-of-us-infographic.html)