



LINKS TO RESOURCES FOR FAMILIES & PARENTS

UNH RESOURCES AND PAGES:

- [SHARPP CENTER: INFORMATION FOR FAMILIES](#)
- [SHARPP CENTER: FAQ FOR INCOMING STUDENTS](#)
- [HEALTH AND WELLNESS LIVING WELL SERVICES](#)
- [BEAUREGARD CENTER FOR EQUITY, JUSTICE, AND FREEDOM](#)
- [CATALYST STUDENT INVOLVEMENT PLATFORM](#)
- [MEMORIAL UNION BUILDING & STUDENT ACTIVITIES](#)
- [MILITARY & VETERANS SERVICES](#)



[TALKING WITH
YOUR TEEN: 10
TIPS FOR
MEANINGFUL
CONNECTION –
THE GOTTMAN
INSTITUTE](#)



[10 TIPS FOR
TALKING TO
YOUR TEEN
ABOUT THEIR
MENTAL HEALTH
–THE JED
FOUNDATION](#)