

We Are Here | Substance Use and Recovery Parts 1 & 2

- ▶ The Impacts of Substance Use, Bias, & Barriers to Service Access
- ▶ The Power of Peer Recovery Support

COUNTERING STIGMA AND BIAS

Notice...

1. The video participants shared their personal experiences with substance use. What about their stories surprised you?
2. How did bias or stigma impact their experiences?

Reflect...

3. In what ways can stigma and bias affect access to treatment and supports? What do you see in your organization or community?
4. What are some things that you can do to counteract stigma and bias?

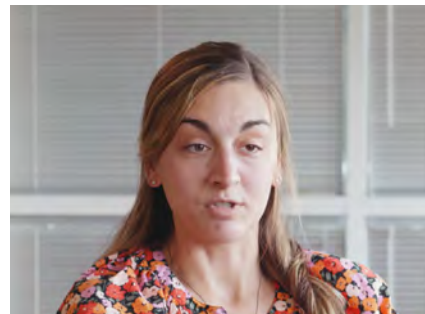
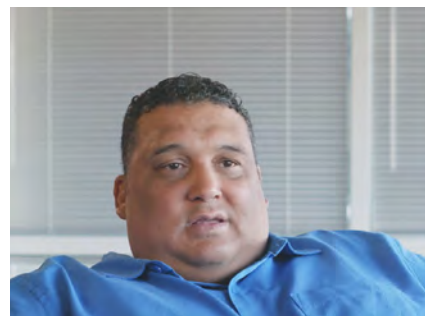
EMBRACING ALL PATHS TO RECOVERY

Notice...

5. What were some things that the participants said were helpful for them?
6. How did the participants' needs vary?

Reflect...

7. Some participants describe a "harm reduction" approach. This is different from "zero tolerance" – it means caring for people's health and safety regardless of whether they are practicing abstinence. What do you think about that?
8. What can you, as a provider, peer, or family member, do to individualize the care and support you provide?



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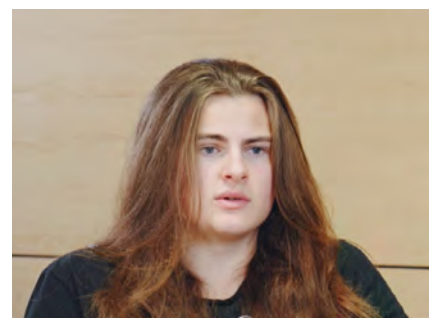
VALUING LIVED EXPERIENCE

Notice...

9. What were some examples of individuals receiving support from a person with lived experience?
10. What kinds of support could peers provide that medical/ clinical staff could not? Why?

Reflect...

11. How can partnering with people who are impacted by substance use help improve services and how those services are delivered?
12. What is something you can do to honor or amplify the voice of an individual with lived experience?



INVESTING IN COMMUNITY BUILDING

Notice...

13. What were some examples from the videos of individuals needing or finding support outside of a medical facility or treatment clinic?
14. What were some examples of supports the participants mentioned that may not normally come to mind when you think about substance use or recovery services?

Reflect...

15. Why is ongoing support and follow-along care important when treating SUD? What are some consequences to taking a “one and done” approach?
16. How can you help create the type of environment and community that the participants said was helpful?



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