



# Alternative Peer Groups

Supporting One Another to Make  
Healthy Choices about Substance Use

## What Are Alternative Peer Groups?

Creating Connections NH is building supportive recovery communities called Alternative Peer Groups (APGs) for youth and young adults with substance use challenges. APGs offer young people a chance to connect at least once a week with peers in an environment that is fun, safe, substance-free, and recovery-focused.

## APGs Provide...

- Connection through a supportive peer environment
- Fun, substance free activities
- Focus on health and wellness
- Family support

## More Than Just Meeting Up

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Opportunities for family/ caregiver involvement

## Connect with a Group Near You

### Southern NH

**Revive Recovery** (Nashua)  
reviverecovery.org | ph. 888.317.8312

### Seacoast Area

**Safe Harbor Recovery Center** (Portsmouth)  
granitepathwaysnh.org | ph. 603.570.9444

**Live Free Recovery** (Dover, Somersworth)  
livefreerecovery.com | ph. 603.702.2461

**Wildcats for Recovery** (UNH students)  
iod.unh.edu/wildcats-recovery  
heather.morris@unh.edu | ph. 603.862.3040

**Franklin/ Tilton/ Concord/ Plymouth Archways of Greater Franklin and Plymouth**  
archwaysnh.com | ph. 603.286.4255

### Carroll County

**Kingswood Youth Center** (Carroll Cty. South)  
zachary.porter@thekyc.org | ph. 603.569.5949

**Mount Washington Valley Supports Recovery Coalition** (Carroll County North)  
director@mwwsupportsrecovery.org  
ph. 603.662.0668



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