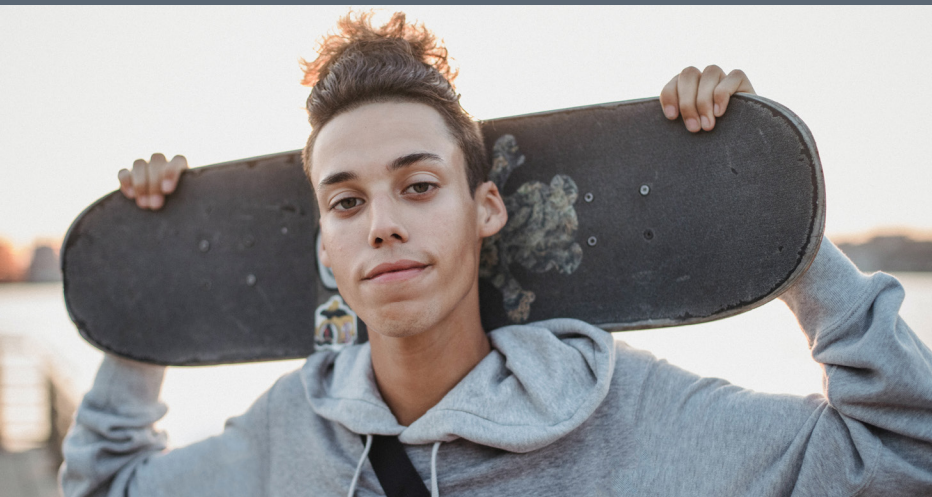


Do You Know a Young Person Who Is Concerned about Their Drug or Alcohol Use?



The Seven Challenges is a counseling program that helps youth and young adults work on their alcohol and other drug problems. It is designed to motivate young people to evaluate their lives, consider changes they may wish to make, then implement those changes. It supports them to take power over their own lives, and helps them to make thoughtful decisions, including about drugs.

The Seven Challenges®

Contact a Seven Challenges provider in New Hampshire



STATEWIDE

Foundations Counseling
fc-nh.com | (603) 260-0646

MANCHESTER

The Mental Health Center
of Greater Manchester
mhcgcm.org | (603) 668-4111

DERRY/SALEM

Center for Life Management
centerforlifemanagement.org
(603) 434-1577

CONCORD

Riverbend Community
Mental Health Center
riverbendcmhc.org
(844) 524-6673

PORTSMOUTH/EXETER

Seacoast Mental Health
smhc-nh.org |
(603) 431-6703

TILTON/FRANKLIN

Archways of Tilton
archwaysnh.org
(603) 702-2461

STRAFFORD COUNTY

Community Partners
communitypartnersnh.org
(603) 516-9300

NEWTON/DOVER

Live Free Recovery
livefreerecovery.com
(603) 702-2461

LACONIA/PLYMOUTH

Lakes Region Community
Mental Health Center
lrmhc.org | info@lrmhc.org
(603) 524-1100

NASHUA

Greater Nashua Mental
Health
gnmhc.org
(603) 889-6147
Harbor Care
hope@harborcarenh.org
(603) 881-4848