Charting the LifeCourse

Spring Event

2023



Having a good life is as simple as...







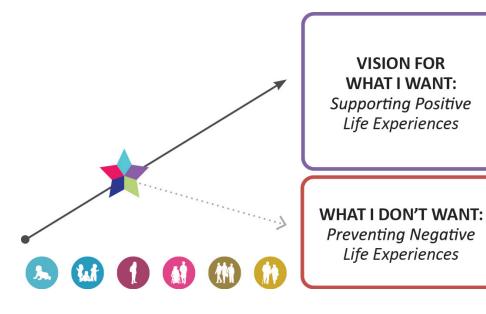
Wanting it!

Identifying it!

Making it Happen!

What is Charting the LifeCourse?

The Charting the LifeCourse (CtLC) framework was created to help individuals and families of all abilities and all ages develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. The framework is the keystone for supporting a community of learning that champions transformational change through knowledge exchange, capacity building and collaborative engagement.





Learn more about these topics

Charting the LifeCourse Principles
Portfolio for Exploring Possibilities
Life Trajectory
Life Domains
Three Buckets of Support
Integrated Support Star

By visiting

NH's Charting the LifeCourse Website www.iod.unh.edu/charting-lifecourse-nh

National Charting the LifeCourse Website www.lifecoursetools.com