

NH Disability and Health Program presents at Granite YMCA In-Service Day

November

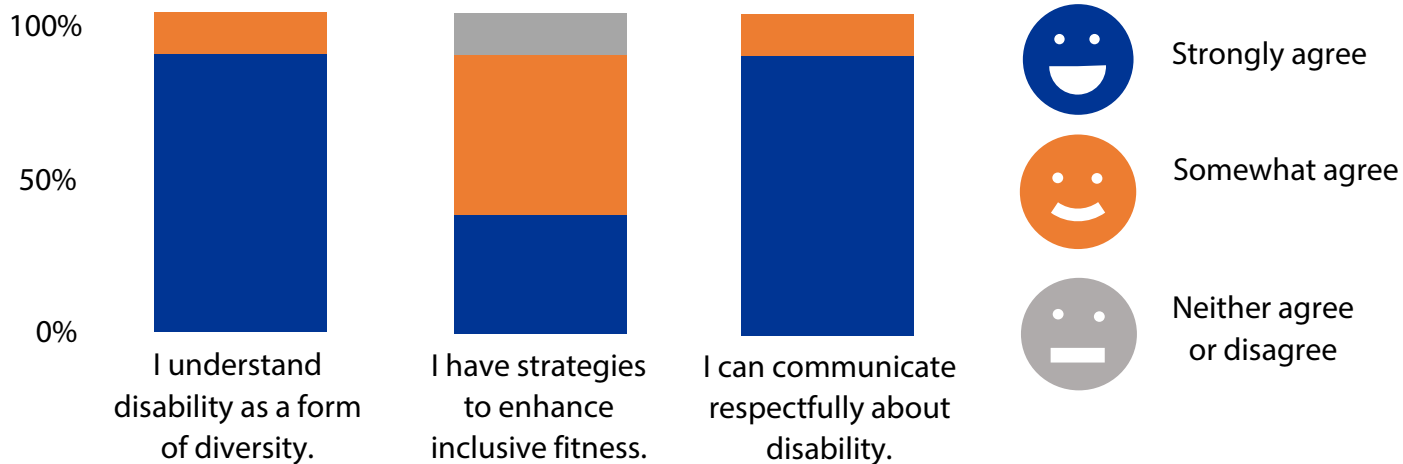
The NH Disability and Health Program presented at the Granite YMCA In-Service Day on November 11, 2022 in Concord, NH. Megan Henly, Project Director, and Kathy Bates, Accessibility and Inclusion Specialist, delivered two training sessions of “Welcoming Every Body: Disability Inclusion in Fitness Programming” to 30 Granite YMCA employees. These sessions are part of a larger effort to support Granite YMCA staff in creating an inclusive health promotion and fitness community.



Kathy Bates (left) and Megan Henly (right) presented at the Granite YMCA “In-Service Day”.

After completing the training **100%** of respondents reported strongly agreeing that they **recognize the importance of inclusive programs**

After completing the training, participants were asked how much they agreed with the following statements:



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