


Welcome! We will start shortly.

While we wait, please introduce yourself in the chat (name, organization, geographic region), i.e., Heidi Cloutier, University of New Hampshire, Institute on Disability Children's System of Care Resource Center, Concord, NH


Please use the Q & A feature to ask questions, which we will answer at the end.

Thank you!





Alternative Peer Group Funding Opportunity Webinar May 26, 2022 @ 11 a.m.



Adele Bauman, NHDHHS
Heidi Cloutier, UNH IOD
Hannah Raiche, Youth MOVE NH

Welcome/Introductions

Adele Bauman, Administrator

Bureau for Children's Behavioral
Health,
New Hampshire Department of
Health & Human Services

Hannah Raiche, Program Director & Youth Peer Support Specialist

Supervisor

Youth M.O.V.E NH



Tell us who you are in the
chat using:
your name, your
organization, & where
are you in NH.

Heidi Cloutier, Co-Director of Training, Children's System of Care Resource Center

&

Kaarin Clausen, Communications & Marketing Specialist

University of New Hampshire

Institute on Disability

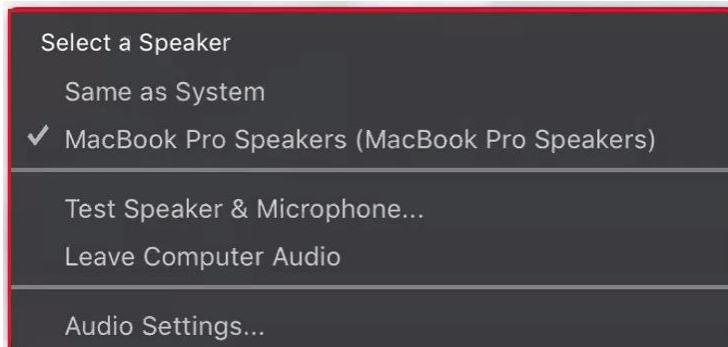
Creating Connections NH

<https://iod.unh.edu/projects/creating-connections-nh>

Audio/video during the webinar

Please select the speaker you would like to use for today's webinar; your options may look different from those displayed here.

Note: Your microphone and camera are not needed and will remain off but can be turned on for questions if needed at the end.



Audio Settings



Chat



Q&A

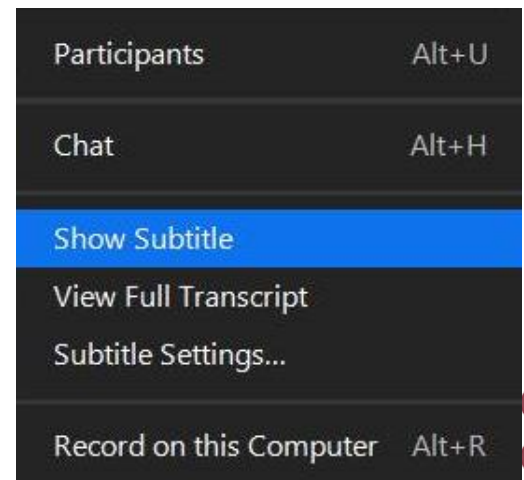


Live Transcript

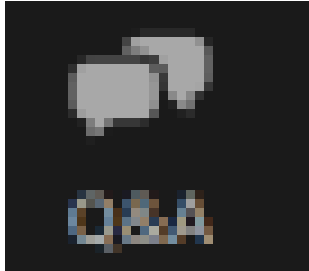
Leave

Enabling Closed Captioning

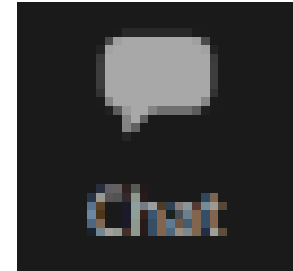
- After selecting **Closed Caption**, pick **Show Subtitle** and the captions will appear on the bottom of your screen.
- Note: if you select **View Full Transcript**, a running transcript of the captions will appear on the side.
- You can adjust the caption size by selecting **Subtitle Settings**.



Posting in the Chat/Q & A



- Post questions for panel or specific person



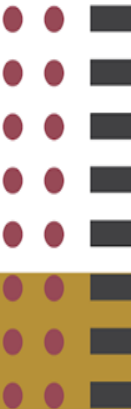
- Introduce yourself
- Share experiences
- Respond to questions
- Chat privately to another person



Agenda

- Purpose/intent of funding
- Brief history of Creating Connections NH
- Funding opportunity
- Requirements
- Process of submitting a proposal
- What to expect after submitting a proposal
- Questions & Answers
- Who to contact for questions after the webinar

*A recording of the webinar will be posted to the [Creating Connections NH “What’s New”](#) section under [Request for Proposals for Establishing Alternative Peer Groups](#)



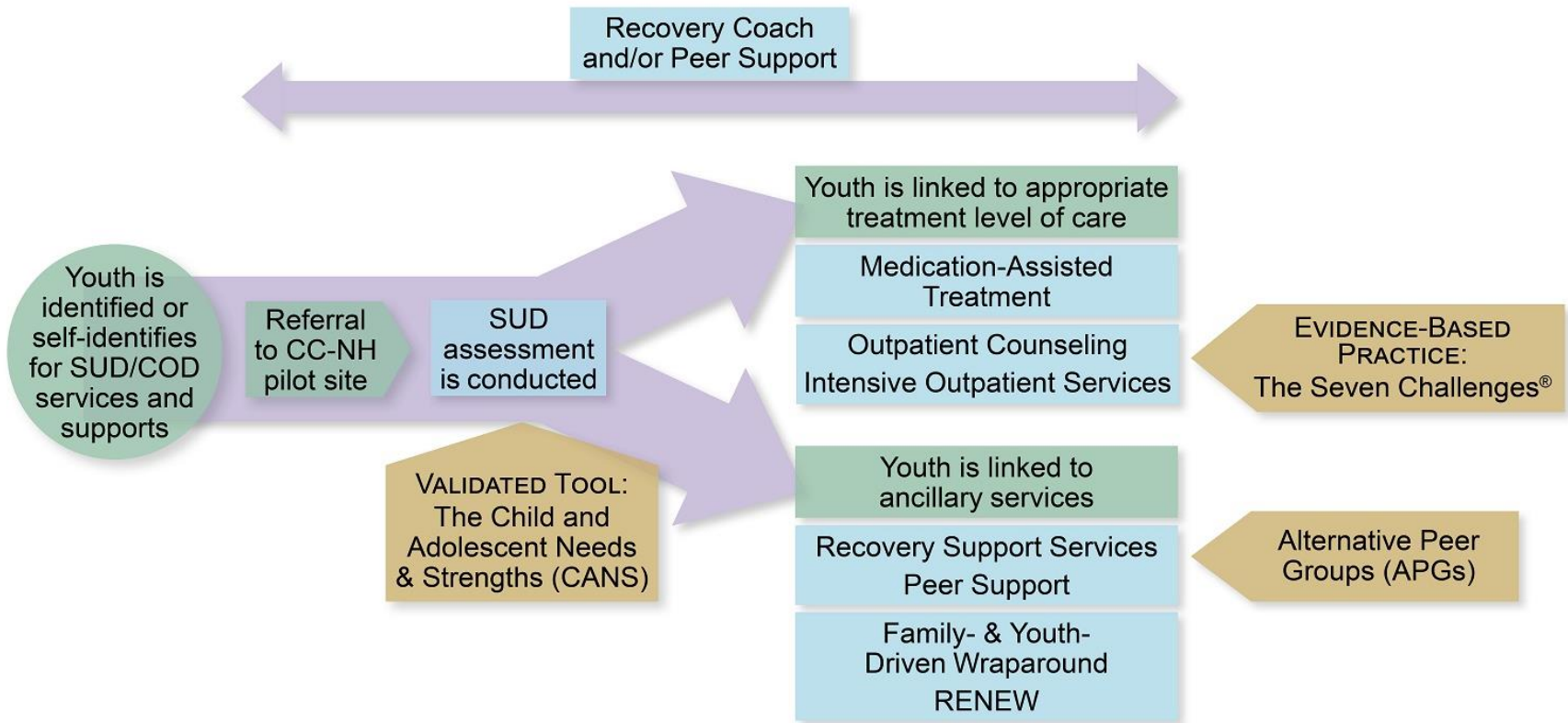
Intent of Funding Additional Alternative Peer Groups

- Expand a continuum of prevention, harm reduction, treatment, and recovery support services for youth substance use disorders or youth with problematic substance use
- Help reduce unmet needs related to youth substance use supports; and reduce substance-related deaths.



Brief History of Creating Connections NH

Creating Connections NH Youth Treatment & Recovery Continuum of Care



NH Alternative Peer Groups

Download the flyer with contact information on [the CCNH website](#)

- Creating Connections NH convened stakeholders to develop a NH APG model for youth ages 12-25 years old
- Developed training & resources to help organizations start up and sustain Youth Peer Recovery Supports



Peer Support for New Hampshire Youth in Recovery

creating connections NH

Creating Connections NH is building a community of recovery supports for youth who experience Substance Use Disorder (SUD) or SUD with co-occurring mental health disorders, including Alternative Peer Groups (APGs). APGs offer young people a chance to connect at least once a week with peers in an environment that is safe, substance-free, and recovery-focused.

Alternative Peer Groups provide...

- Safe, supportive peer environment
- Fun, substance free activities
- Sense of belonging
- Reduce stigma of being in recovery

More than just meeting up...

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Youths' physical and emotional safety and privacy are a priority
- Opportunities for family/ caregiver involvement

Connect with a Group in Your Area

Live Free Recovery – Newton and Rochester livefreerecovery.com 603.702.2461	Revive Recovery – Nashua reviverecovery.org 888.317.8312
Seacoast Outright – Portsmouth/Dover seacoastoutright.org 603.552.5824	Hope for NH Recovery – Manchester recoverynh.org 603.935.7524



Evidence-Informed



BRINGING RECOVERY SUPPORTS TO SCALE
Technical Assistance Center Strategy (BRSS TACS)

CORE COMPETENCIES FOR PEER WORKERS IN BEHAVIORAL HEALTH SERVICES

Created from SAMHSA's Core Competencies:

- Recovery-Oriented
- Person-Centered
- Relationship-Focused
- Trauma-Informed

* Ethical Responsibility domain added by Creating Connections NH



APG Practice Profile



Alternative Peer Group Practice Profile Template

Name: *Creating Connections Youth Peer Support*

Date: June 26, 2020

Practice: Alternative Peer Groups (APGs) for Youth and Young Adults

Clearly Defined Outcome(s): APGs create a community of young people that encourage healthy lifestyle changes in a safe, socially-reinforcing environment that is recovery and wellness-focused.

Critical Component	Define How this Critical Component Contributes to the Outcome	Define the Data or Outcomes to Measure Implementation	Ideal "Gold Standard" of the Critical Component	Emerging Practice <i>(Acceptable Variation) of the Critical Component</i>	Unacceptable Variation of the Critical Component	Resources
1. The APG is anchored in an organization with adequate support for sustained implementation.	Sustainable implementation of the APGs will help establish and maintain a recovery community that	Budget supervision/coaching structure	The APG has adequate funding, personnel, support, and supervision to sustain high-quality	The APG has funding, support, and supervision, and is learning to develop a long-term strategic	The APG does not have adequate funding, personnel, support, and supervision to sustain high	The National Association for Alternative Peer Groups http://www.aapg-recovery.com/



Oversight Team Role/Responsibilities



APG Implementation Checklist

03/11/21

Alternative Peer Group Implementation Checklist

1

V.4 February 2021
(Cloutier, 2020)

Modified from: RENEW Implementation Checklist - Drake, Malloy, Francoeur (2014)

Agency: Team Leader/Coordinator: Team Members:

Organization Address: City: State:

The APG Implementation Checklist is designed to help the APG Implementation Team self-assess and monitor the school/agency's level of implementation. It is designed to answer three questions:

1. Is there a plan in place to implement and support the APG?
2. Are staff facilitating APG groups as they were intended?
3. Is there a system in place to ensure that the APG is effectively implemented and sustained?

The APG Implementation Checklist is filled out quarterly at start-up by the APG Implementation Team and is used to assess current status, progress, and planning to improve APG implementation.

INSTRUCTIONS: A team that is responsible for APG implementation should complete the Checklist 2-4x/year. Team members should be trained in the use of the Checklist by someone familiar with the measure. The Checklist is completed by the team as a group or by each member independently. If completed independently, the team reconvenes and should reach consensus on the score for each item.

Rate each item for implementation: "2" fully in place, "1" partially in place, or "0" not yet started. Priority ratings are "H" for high priority, "M" for medium, and "L" for low priority. After completion of the CHECKLIST, use the *Action Plan* template to develop a timeline for moving forward on targeted and intensive interventions.

Version 4

Creating Connections NH APG Implementation Checklist

Updated 06/8/21

03/11/21

Alternative Peer Group Implementation Checklist

2

Task	SCORE			
	Quarter 1: <input type="text"/>	Quarter 2: <input type="text"/>	Quarter 3: <input type="text"/>	Quarter 4: <input type="text"/>
	2 - Fully in Place 1 - Partially in Place 0 - Not Yet Started H - High Priority M - Medium Priority L - Low Priority	2 - Fully in Place 1 - Partially in Place 0 - Not Yet Started H - High Priority M - Medium Priority L - Low Priority	2 - Fully in Place 1 - Partially in Place 0 - Not Yet Started H - High Priority M - Medium Priority L - Low Priority	2 - Fully in Place 1 - Partially in Place 0 - Not Yet Started H - High Priority M - Medium Priority L - Low Priority
Critical Component: Foundations				
1. The APG has adequate funding, personnel, support, and supervision to sustain high quality implementation.	<input type="text"/> H - High p	<input type="text"/> H - High p	<input type="text"/> H - High p	<input type="text"/> H - High p
2. The location where the APG meetings and events occur meet local and state safety standards, is physically accessible, and free from harassment or potential barriers to engagement.	<input type="text"/> H - High p	<input type="text"/> H - High p	<input type="text"/> H - High p	<input type="text"/> H - High p
3. There is an APG Implementation Team that meets at least 1x/month and has operational guidelines (Completed Collaborative Team Checklist).	<input type="text"/> H - High p	<input type="text"/> H - High p	<input type="text"/> H - High p	<input type="text"/> H - High p

Version 4

Creating Connections NH APG Implementation Checklist

Updated 06/8/21



**New Funding Opportunity:
July 1, 2022 – March 15, 2023**



Request for Proposals for Establishing Alternative Peer Groups for Youth and Young Adults with Substance Use Disorders – Due June 27th by 11:59 p.m.

- The University of NH Institute on Disability recently received State Opioid Response Funds from the NH Department of Health and Human Services to expand Youth Recovery Peer Supports
- Maximum amount of funding per proposal: \$9,000
- Up to 6 Proposals will be funded with preference to underserved areas of NH



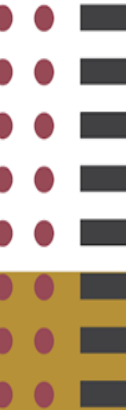
Eligible Applicants

- Organizations that:
 - 1) have experience providing youth, family, and/or recovery peer support,
 - 2) have a demonstrated need for youth recovery supports in their community, and
 - 3) collaborate with other youth-serving organizations.
- Substance use treatment providers looking to develop youth peer support or collaborate with local schools to offer Alternative Peer Groups will also be considered.
- Existing APGs looking to expand or open a new APG will be considered but must demonstrate need, track record providing consistent youth peer recovery supports, and be able to sustain the APG after the grant.



Some Lessons Learned

- If you are a Recovery Support Organization that primarily serves adults, we encourage you to partner with another youth organization (i.e., community center, YMCA, Boys and Girls club, school, etc.) to hold weekly meetings/events.



Organizations with accepted proposals will be required to:

- Employ staff with lived experience in substance use recovery—that youth can relate to—to facilitate APG group activities at least one (1)x/week;
- Identify and develop resources for caregivers of youth participants;
- Ensure that staff complete the [APG training requirements \(for those who are already Certified Recovery Support Workers\)](#);
- Have at least one (1) designated representative who is on-site and familiar with the organization's emergency protocols during all APG activities;
- Engage in regular data collection;
- Hold monthly team meetings with IOD project staff to monitor progress and problem-solve implementation barriers, etc.;
- Participate in one (1) hour of the NH Alternative Peer Groups Learning Community;
- Enroll at least (five) 5 youth in the APG.



Data Collection

- Fidelity tools
- Intake and follow up questionnaires with youth at 6 months
- Satisfaction surveys
- # of youth served
- # of facilitators trained
- Activities
- Family engagement

Process of Submitting a Proposal

Request for Proposal Elements

- Organization name:
- Organization address:
- Primary contact at organization: name, role, phone, email address
- Location of where the Alternative Peer Group will be located:
- Names, each participant's role, experience working with youth with problematic substance use, and a brief explanation of their contribution to the APG. *If you do not currently have staff to facilitate the APG and plan to hire for this position, describe your recruitment efforts..



Request for Proposal Elements, cont'd.

- Your organization's experience in recovery supports and/or peer recovery, and providing supports specifically to youth ages 12-25. Please include how starting an APG aligns with your work:
- Describe your timeframe for start-up and proposed activities:
- If your APG is successful, what will be different as a result of your work?:
- We understand and agree to complete the required deliverables:
- Describe your plans to ensure that the Alternative Peer Group is sustainable after March 2023:
- Is there anything else you would like us to know about your organization or proposal?:



Submit a Proposal Through the Online Link

- Review the Request for Proposal fields prior to entering your proposal online. We suggest writing out your responses in advance to ensure that the link doesn't time out while submitting.
- **There is a downloadable document with the Request for Proposal required fields.**

Timing of Your Submission

- Allow enough time to prepare and submit your application. We recommend that you submit your electronic application 24 to 48 hours before the proposal due date as sometimes heavy traffic to the site can cause technical problems. If any technical problems occur, this extra time should allow you to resolve them and re-submit your application by the due date.
- Applications submitted after 11:59 PM (Eastern Time) on June 27, 2022, will not be accepted.



What to Expect After Submitting a Proposal



What to Expect After You Submit a Proposal

- After we receive your submission, you will receive two separate email messages about the progress of your application:
 1. The first email is for submission receipt *only*. It confirms receipt of your proposal by our system. **This message does *not* mean the application has been *accepted*.**
 2. The second email notifies you that your proposal has been approved or denied.
 3. If approved, you will receive notification by July 8th, 2022, and will be contacted by Heidi.Cloutier@unh.edu to begin the contracting process within one (1) week of notification (the contracting process can take 4-6 weeks). Work should begin no later than August 8th, 2022.
- The APG funds are to be used and invoiced by March 15, 2023. All invoices must be received by March 22, 2023.



Questions?



Additional Resources

- [Creating Connections NH Website](#)
- [Creating Connections NH Alternative Peer Group](#)
- [Oversight Team](#)
- [APG Practice Profile: Defines the APG Model](#)
- [APG Training Requirements: For Facilitators](#)
- [APG Training Tracker for Facilitators Previously Trained as Certified Recovery Support Workers](#)
- [Family Recovery Support Practice Profile: Defines family support for APGs](#)



Questions?



Thank you! Questions after today's webinar?

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