



Parents Meeting the Challenge Support Groups

*for parents and caregivers of children
and adolescents with serious emotional disorders*

*Note: As meeting times can change, please contact the Group Facilitator
to confirm the current meeting schedule.*

CONCORD, NH

Group Facilitators:

Rebecca Bennett at (603) 848-0873 or Email: rjcbennett176@gmail.com

Carolyn Blasko at (603) 738-2409 or Email: carolynblasko@comcast.net

Location: NAMI NH

85 North State Street

Date: 2nd Tuesday of every month

Time: 6:00 to 8:00pm

LACONIA, NH

Group Facilitators:

Theresa Eichhorn at (603) 707-0888

Location: Lakes Region Community Services

Family Resources Center

Date: 3rd Thursday of each month

Time: 6:30 to 8:00pm

DOVER, NH

Group Facilitator: Matt Lahr at (603) 512-3883

Location: Wentworth-Douglas Hospital

Federal Savings Bank Room / Garrison Wing / 1st Floor

789 Central Avenue

Date: 1st Wednesday of the month

Time: 6:30 to 8:30pm

ROCHESTER, NH

Group Facilitator: Carol Lemelin

Email: rlemelin@metrocast.net

Location: Frisbie Memorial Hospital

1st Floor Conference Room

Date: 2nd Thursday of every month

Time: 6:30 to 8:30pm

