

LIVE FREE RECOVERY CONSULTANTS



Youth Peer Leader Desiree

Alternative Youth Peer Group

First of its kind in New Hampshire!!!!

- Peer Based Recovery Groups
- Peer Based Family Groups
- Immediate Sober Support System
- Mentoring/Academic Support
- Weekly Sober Social Events
- Daily "Open Door Hours"

This service is provided by a young person (18+), supervised by a Licensed Clinician, who is trained to strategically use their own lived experiences to inspire other young people to take action towards creating better outcomes for their future.

The APG focuses on peer support for both the young adult and their family members with emphasis on self-awareness, decision making skills, and day-to-day recovery maintenance skills that assist in obtaining and maintaining a healthy lifestyle. Peer Groups vary by age/developmental stage and are offered to young people between the ages of 12-20 years of age, and are looking to build a same age sober social support system.



Youth Peer Leader Elizabeth

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