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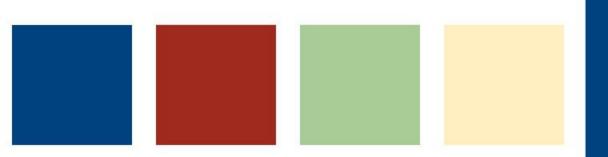






# Disability and Public Health: Five Years Later

Charles E. Drum, MPA, JD, PhD





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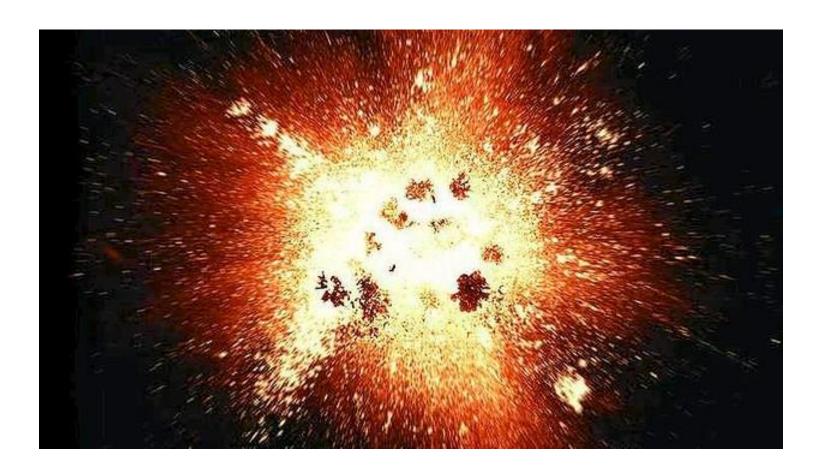
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#### **Session Overview**

- Overview of Public Health & Disability and Disability and Public Health (2009)
- State of the State of Health Disparity Research
- State Disability and Public Health Programs
- Continuing and Emerging Challenges for Disability and Public Health

# In The Beginning



# In The Beginning-Public Health & Disability



# In The Beginning-Public Health & Disability



# In The Beginning-Public Health & Disability

- Historically, disability was suspicion of public health due to its link to state institutions
- "The principle that sustains compulsory vaccination is broad enough to cover cutting the Fallopian tubes. Three generations of imbeciles is enough."- Justice Oliver Wendell Holmes, <u>Buck v. Bell</u> (1927)

# A New Beginning-Disability & Public Health

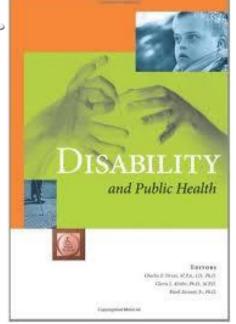
- In the late 1990s, the CDC's Disability and Health program focuses on increasing the health and wellness of person's already living with disabilities
- In 2000s, Healthy People 2010 and two US
   Surgeon General Reports acknowledge the
   historical exclusion of people with disabilities and
   the need for action

# A New Beginning-Disability & Public Health

• In 2009, <u>Disability and Public Health</u> published by

**APHA & AAIDD** 

• The purpose: introduce disability issues to students and professionals in public health and related fields



# **Disability and Public Health Chapters**

- 1. Intro to Disability & Public Health
- 2. Brief History of Public Health
- 3. Models and Approaches to Disability
- Personal Perspective on Historical Views of Disability
- 5. Culture and Disabilities



# **Disability and Public Health Chapters**

- 6. Governmental Policies and Programs
- 7. Disability Epidemiology
- 8. Social Determinants & Health Disparities
- 9. Health Promotion & Disability
- 10. Emergency Preparedness
- 11. Public Health as Change Agents for Disability

### What is Public Health?

• Public health is the science of protecting and improving the health of families and communities through promotion of healthy lifestyles, understanding and eliminating health disparities, research for disease and injury prevention and detection, and control of infectious diseases

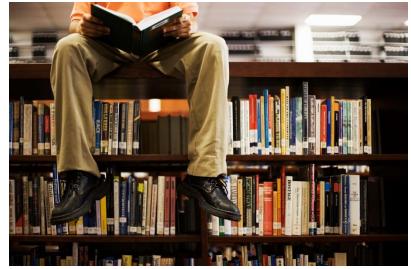




# State of the State of Disability & Health Research

 How much have we learned about Disability and Health?

- Health Outcomes?
- Use of Clinical
  Preventive Services?



# **Systematic Scoping Reviews**

#### Six Main Phases:

- Topic refinement & search term development
- Literature search, including branching
- Review of abstracts & full texts
- Data extraction & evidence assessment
- Data analysis & synthesis
- Report production

# Health Outcomes Scoping Review

 What peer-reviewed, English-language, studies have been published from 2000 to 2009 that examine disparities in health outcomes [top ten leading causes of death] among people with disabilities ages 18-64?

### Abstracts after duplicates removed n = 4248



Abstracts excluded n = 4003

Eligibility

**Full-text articles** se citte appri excluded

$$n = 210$$



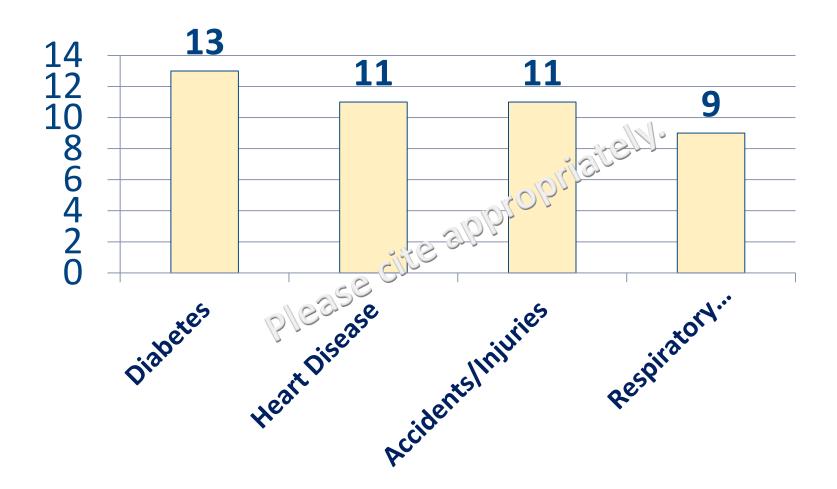
Full-text articles n = 239

Articles included n = 29

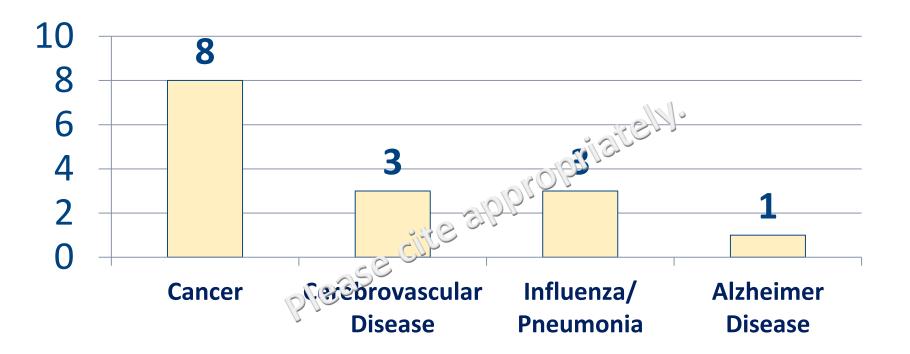
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#### **Health Outcomes**



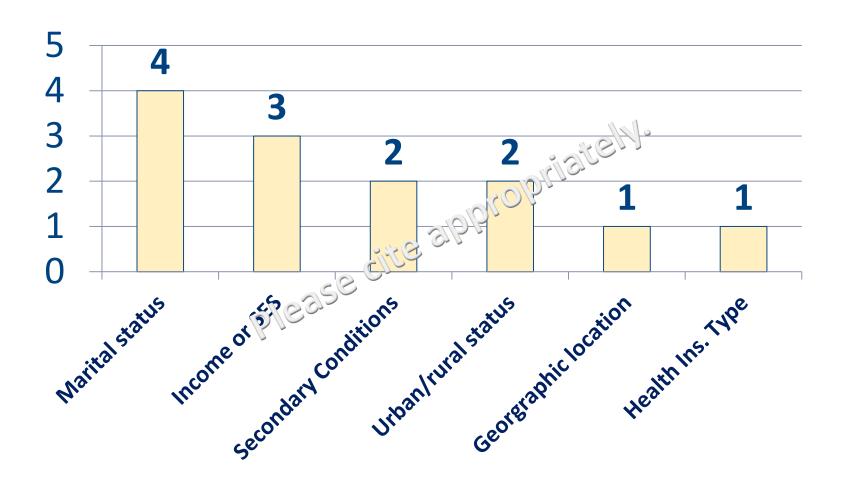
#### **Health Outcomes**



# **Disparity Factors**



# **Disparity Factors**



# **Summary of Findings**

- Studies are clustered in a few areas, leaving major gaps
- Varied definitions of disability, e.g., 3 out of 4 mobility definitions differed
- Many traditional disparity factors excluded in research

# Scoping Review Research Question

 What peer-reviewed, English-language, studies have been published from 2000 to 2011 that examine receipt of clinical preventive services (CPS) among people with disabilities ages 18-64?





Abstracts excluded n = 4053

Eligibility

**Full-text articles** se cite appri excluded

$$n = 80$$



Full-text articles n = 107

Articles included

$$n = 27$$

26

ncluded

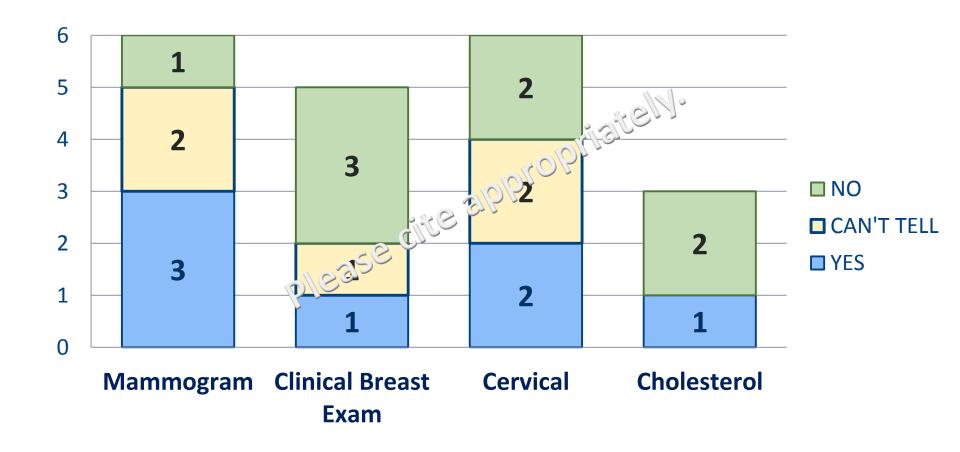
### **CPS** Results

	Mammogram	СВЕ	Cervical Cancer Screening	Colorectal Cancer Screening	Prostate Cancer Screening
# of Studies	13	5	14	6	6
		~	151513013		
	Cholesterol Testing	STI CITE	Blood Pressure	Weight Checks	Diabetes Screening
# of Studies	10	3	5	1	1

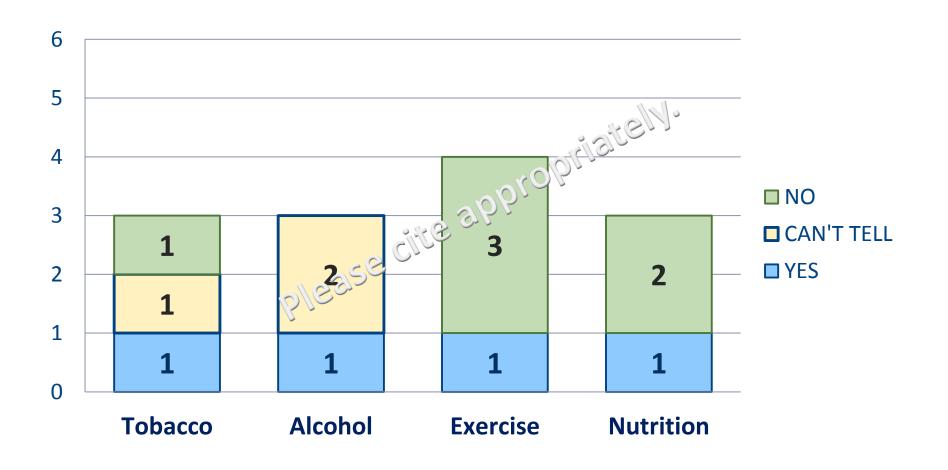
### **CPS Results**

	Immunizations	Tobacco Screening / Counseling	Alcohol Screening	Preventive Dental Care
# of Studies	8	4	<u>3</u> .2.	7
	MD Counseling- Exercise	Counseling- Nutrition	Physical Exam	CPS in General
	<b>Y</b> •			
# of Studies	4	3	4	2

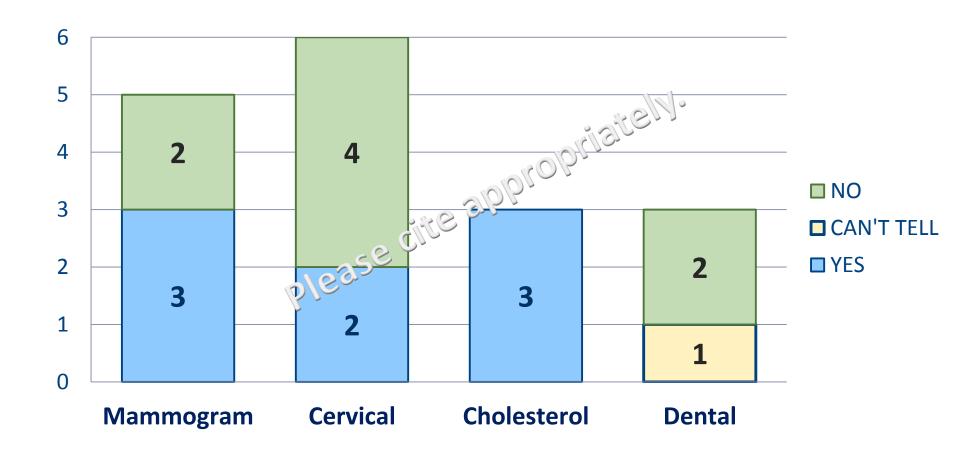
# **Does Disability Severity Matter?**



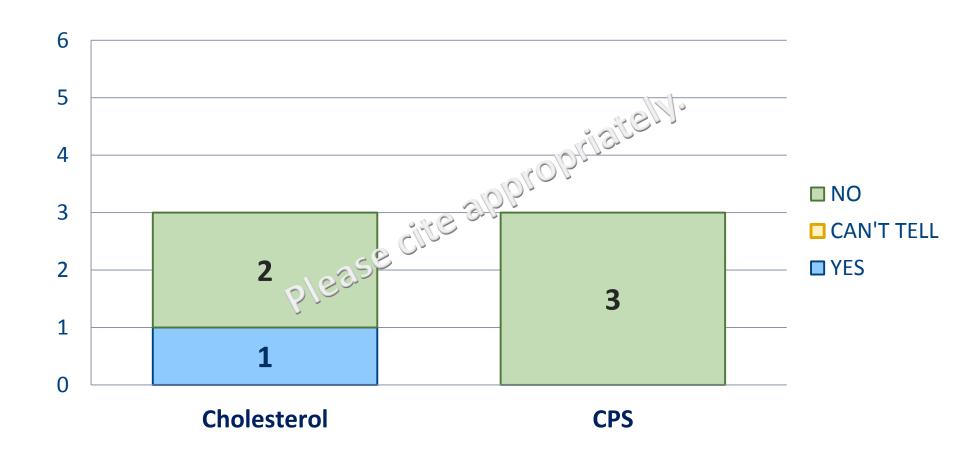
# **Does Disability Severity Matter?**



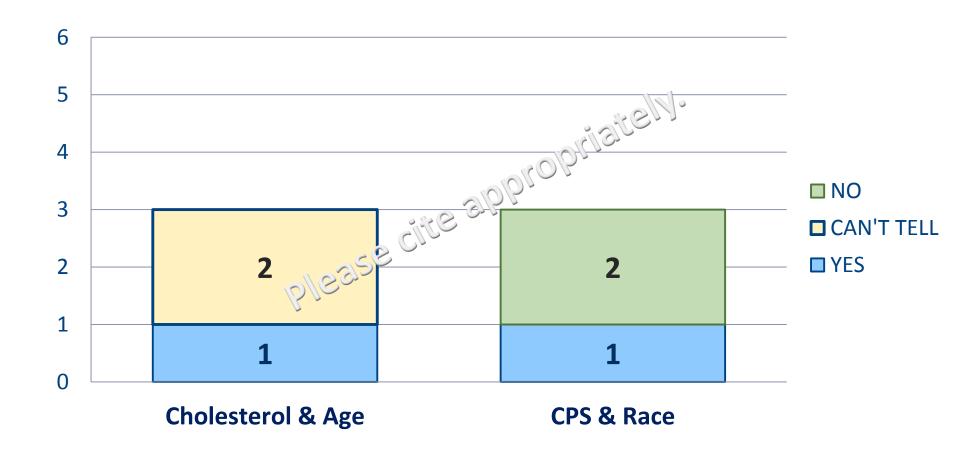
# **Does Disability Severity Matter?**



#### **Does Insurance Matter?**



# Does Age / Race Matter?



# **Summary of Findings**

- Studies are clustered in areas, leaving major gaps
- Varied definitions of disability
- Small sample sizes, convenience or service samples
- Direction of findings not uniform, evidence mixed

# How Much Evidence Is Needed for Action?

- What is the health of people with disabilities compared to the non-disabled population?
- What about the intersection of race / ethnicity and disability?

# Public Health Model of Social Determinants of Health

#### Health **Social** care **Determinants** system Health Socio-economic attributes determinants outcomes Psychological risk Morbidity factors **Mortality** Community & **HRQOL Disease** societal inducing characteristics behaviors

# Behavioral Risk Factor Surveillance System (BRFSS)

- State-based, random digit dialed telephone health survey conducted in all 50 states, DC, and U.S. Virgin Islands, Guam, American Samoa, and Palau
- Demographics and information on health, health behaviors, and prevention activities
- Data is nationally representative

### **BRFSS**

- Analysis based on 2012 data (N = 475,687 before weighting)
- Limited to ages 18 64 (N = 318,566)
  - BRFSS Limitations: Non-coverage (e.g., lower telephone coverage among populations of low socioeconomic status); Nonresponse (e.g., refusal to participate in the survey or to answer specific questions); or Measurement (e.g., social desirability or recall bias)

# **BRFSS Disability Definition**

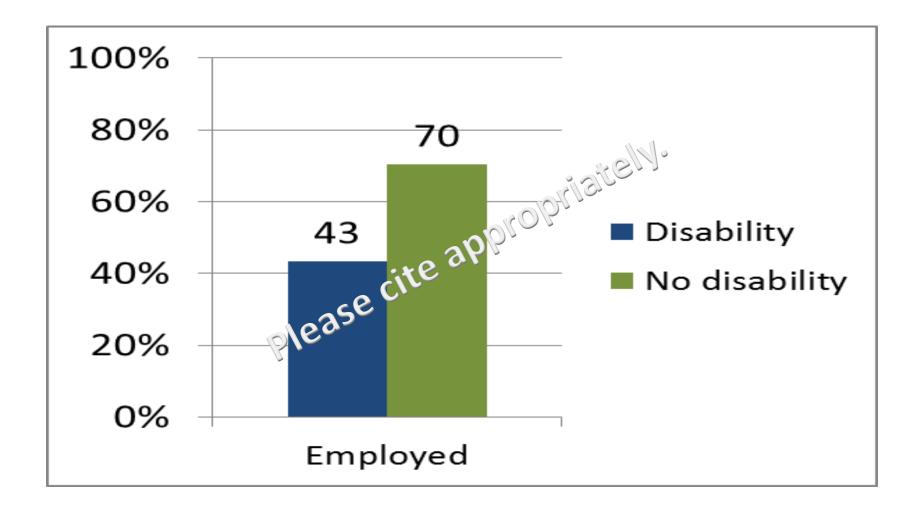
- 1. Are you limited in any way in any activities because of physical, mental, or emotional problems?
- 2. Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

# **Prevalence of Disability**

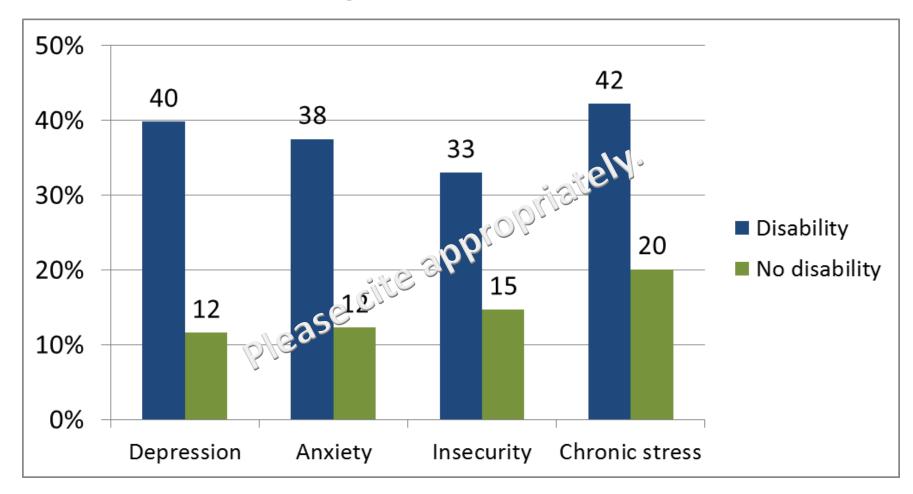


### **SOCIAL DETERMINANTS**

### Socio-Economic



# **Psychosocial**

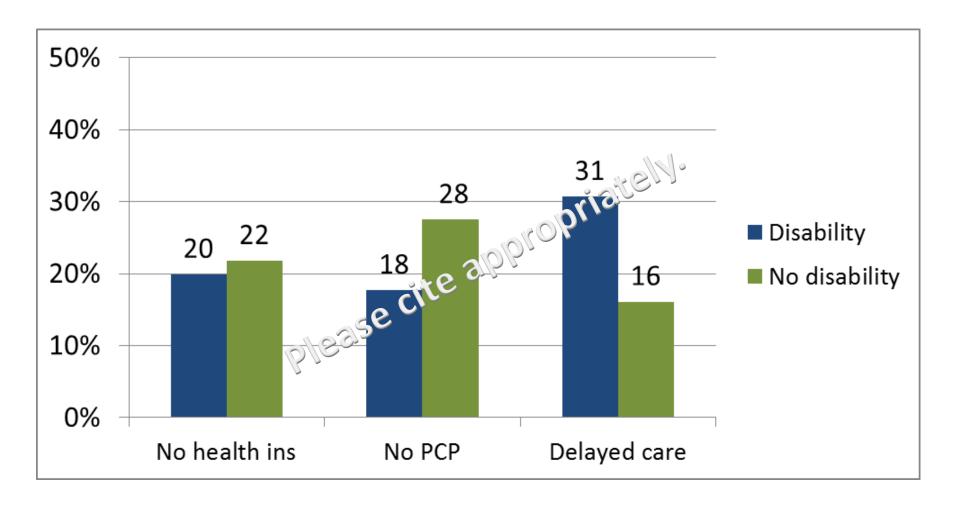


# **Community & Societal**



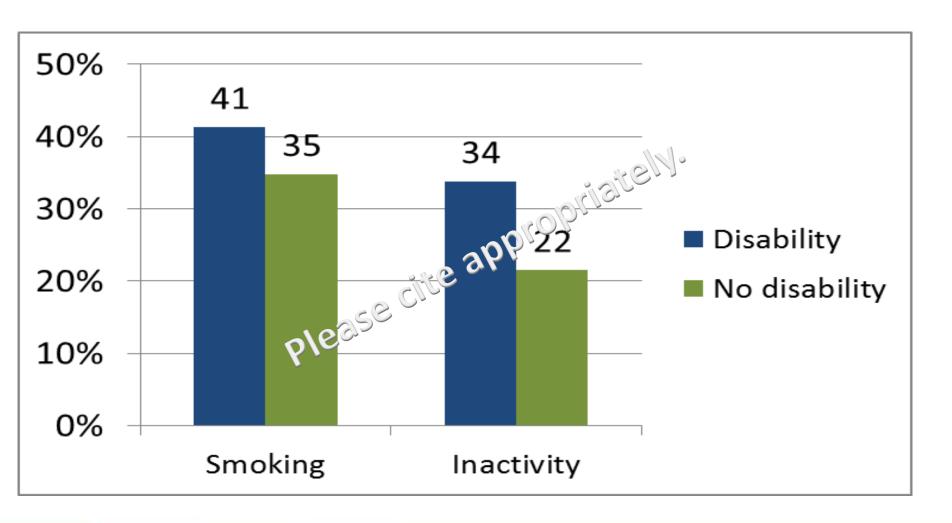
### **SYSTEM ATTRIBUTES**

### **Access to Health Care**

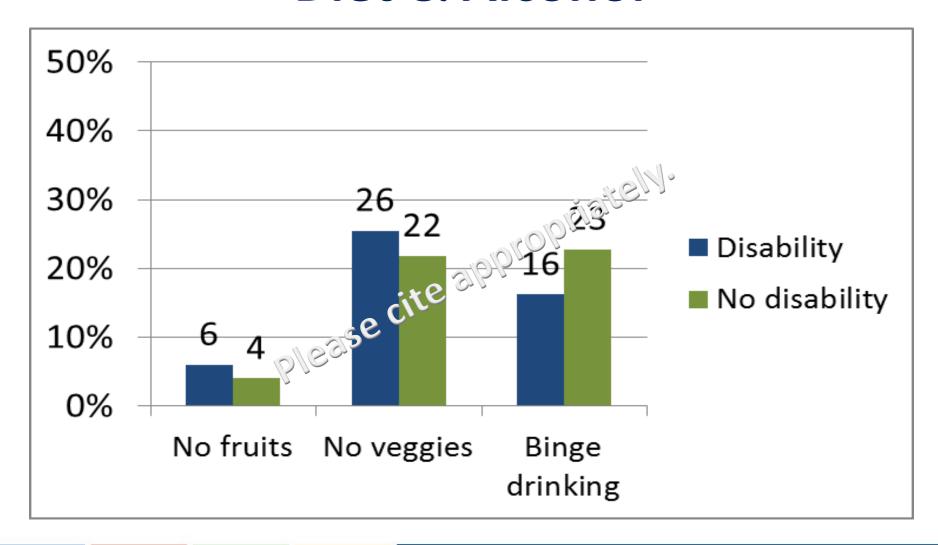


### **DISEASE INDUCING BEHAVIORS**

# **Smoking & Inactivity**

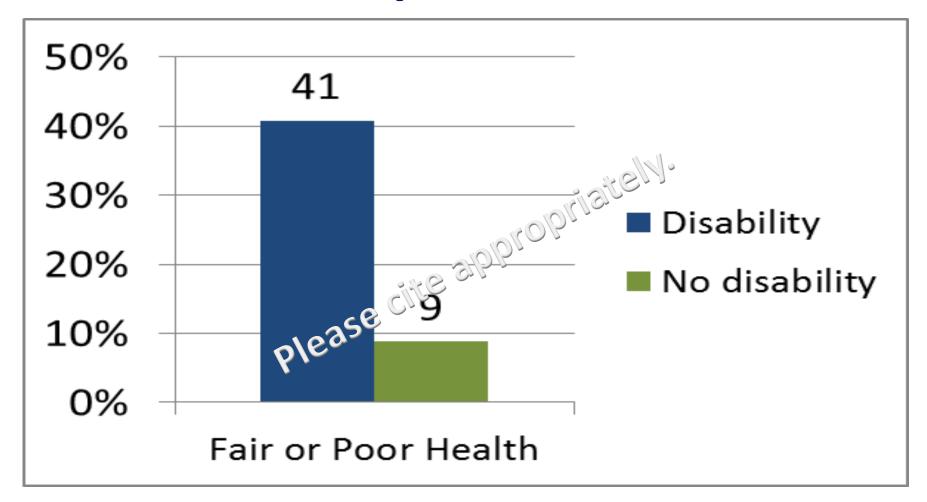


### **Diet & Alcohol**



### **HEALTH OUTCOMES**

# **Self-Reported Health**



# INTERSECTION OF RACE / ETHNICITY & DISABILITY

# Prevalence of Disability in Racial / Ethnic Groups

Race / Ethnicity	<b>Disability Prevalence</b>
Black/ AA	21.4
Asian	9.2 15.3 31.8 28.7
AI/AN	15.3
NHAROSE	31.8
Multi	28.7
Hispanic	14.4

### **Education < HS**

Race / Ethnicity	No Disability	Disability	Difference
Black / AA	12	25	13
Asian	4	Ziatell.	3
NH / PI	9	25 7 17 17 30 20	8
AI / AN	36 0100	30	14
Multi	8	20	12
Hispanic	35	42	7

# Household Income < \$25,000

Race / Ethnicity	No Disability	Disability	Difference
Black / AA	40	66	26
Asian	19	29 50 50 51	10
NH / PI	24	2/2/2050	26
AI / AN	39 CILCO	69	30
Multi	29	51	22
Hispanic	51	64	13

# **Employed**

Race / Ethnicity	No Disability	Disability	Difference
Black / AA	68	26	42
Asian	68	50 aitely	18
NH / PI	<b>66</b>	212 32	34
AI / AN	66 65 citte 31 68	26	39
Multi	68	38	30
Hispanic	65	34	31

# **Delayed or Non-Receipt of Care**

Race / Ethnicity	No Disability	Disability	Difference
Black / AA	21	36	15
Asian	13	28 27 27 39	15
NH / PI	<b>17</b>	27 <b>27</b>	10
AI / AN	15 Chica	39	23
Multi	17	40	23
Hispanic	26	41	15

# No Physical Activity Last 30 Days

Race / Ethnicity	No Disability	Disability	Difference
Black / AA	22	42	20
Asian	20	24 of elly	4
NH / PI	<b>16</b>	35	19
AI / AN	16 33 citte all 13	43	22
Multi	13	38	25
Hispanic	27	43	23

# **Obesity**

Race / Ethnicity	No Disability	Disability	Difference
Black / AA	35	51	16
Asian	10	1800 (18)	8
NH / PI	24	212 <sup>12</sup> 45	21
AI / AN	24 32 Cittle 31 25	40	8
Multi	25	40	15
Hispanic	29	42	13

### **Self-Rated Health Fair or Poor**

Race / Ethnicity	No Disability	Disability	Difference
Black / AA	11	52	41
Asian	6	33 33 42 58 50	27
NH / PI	11	42	31
AI / AN	12 Chr.	58	46
Multi	7	50	43
Hispanic	19	56	37

# Summary

- Individuals with disabilities experience significant health disparities compared to the non-disabled population
- Minorities with disabilities experience especially high rates of health disparities compared to nondisabled racial/ethnic peers
- What is public health doing?

### **Contemporary Role of Public Health**

- The CDC's Disability and Health program works to promote the health, well-being, independence, productivity, and full societal participation of people with disabilities
- Through surveillance, research, and health promotion, reduces health disparities and the incidence and severity of secondary conditions

# CDC Strategy: Make the Broadest Impact

- Include people with disabilities in mainstream programs and services wherever possible
- Use cross-disability approaches where necessary to address unique health needs of people with disabilities
- Use condition-specific focus where essential

# **CDC Strategy: Specific Actions**

- Fund a network of Public Health Practice and Resource Centers to reach key populations
- Fund a network of state Disability and Health Programs
  - Health care access
- Health promotion
- Emergency preparedness

# CDC-Funded Disability & Public Health Programs





### **Adaptive Physical Education (PE) Training-Alabama**

- Provide state-wide training in adapted PE methodology to PE teachers.
- Conduct baseline and follow-up assessments of all students K-12.

### **Physical Activity – North Carolina**



- Removing Barriers to Health Clubs & Fitness
   Facilities: A Guide for Accommodating All
   Members, Including People with Disabilities
   and Older Adults
- The goal is to create fitness environments that are accessible, safe, and supportive

#### **Physical Activity – North Carolina**



 Training involves onsite works ops at community fitness facilities, an accessibility survey and development of a plan of action to remove identified barriers

#### Mammography-Montana



- Right to Know & Every Woman Matters are public awareness campaigns to encourage women 40+ years with mobility impairments to have screening mammograms
- Includes updating the Montana Mammography On-Line Directory

#### **Tobacco Cessation-Illinois**



- Illinois Tobacco Quitline: Provides Tobacco
   Cessation materials for People with Disabilities
- Coordinating training for Helpline staff
- Revised Quitline materials specifically for People with Disabilities

# Improve Access to Preventive Screenings-New Hampshire

- Implementing the Outpatient Health Care
   Usability Profile (OHCUP) and Wammogram
   Outpatient Health Care Usability Profile (MOHCUP)
- Provide technical assistance to facilities on how to make improvements

- Funding for disability and public health programs present in only 18 states
- Disability and Health Disparities Report drafted but ????
- HHS Advisory Committee on Minority Health issued report in 2011 ("Assuring Health Equity for Minority Persons with Disabilities") but \$\$\$?

- Social Determinants of Health can be Upstream (social inequities, institutional power, living conditions) and Downstream (risk behaviors, chronic conditions and disease):
- What is the responsibility of Public Health?
- What is the responsibility of society?

# Continuing & Emerging Challenges-ACS Definitions

- Deaf or have serious difficulty hearing?
- Blind or does he/she have serious difficulty seeing even when wearing glasses?
- Because of a physical, mental, or emotional condition, serious difficulty concentrating, remembering, or making decisions?

# Continuing & Emerging Challenges-ACS Definitions

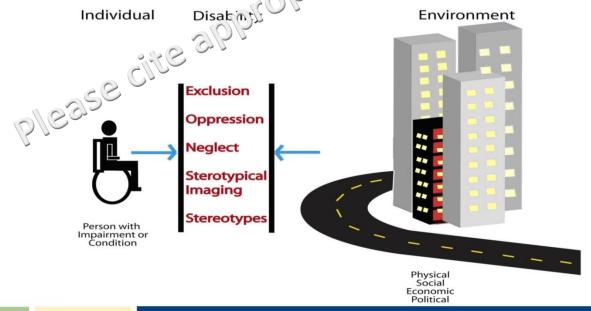
- Serious difficulty walking or climbing stairs?
- Difficulty dressing or bathing?
- Because of a physical, mental, or emotional condition, difficulty doing errands alone such as visiting a doctor's office or shopping?

- BRFSS and other surveys using functional definitions provide no information on nature, duration, permanence, or underlying cause of the limitation
- How to estimate the actual size of the population without this information?
- How to allocate resources?

- Focusing on negative health outcomes of people with disabilities reinforces disability as "sick" or "ill health"
  How to make Public Health understand that you
- How to make Public Health understand that you can have a disability and still be in good health?
- How to make Fublic Health focus on three populations: Congenital, Acquired, Consequent?

 Models and approaches to disability (Categorical, Functional, Social, & Integrated) are confusing to Public Health but reflect the complexity of

disability



### **More Questions Later?**

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