

NH Youth in Recovery Face Many Risk Factors for Recurrence...

% of NH 12th graders reporting in the past 30 days having used...*

Alcohol.....39.3%

Marijuana.....33.9%

Vaping Products.....42.7%

% of NH 12th graders reporting that in the past year they...*

Were offered illegal drugs at school..18%

Thought that it was "very easy to access alcohol".....40%

Thought that it was "very easy to access marijuana"50.6%

...Recovery Supports Can Set Them Up for Success

Alternative Peer Groups (APGs) support youth in recovery by offering...



Substance-free environment



Harm-reduction approach



Engaging group activities



Sense of belonging

Peer Support for New Hampshire Youth in Recovery



Creating Connections NH is building a community of recovery supports for youth who experience Substance Use Disorder (SUD) or SUD with co-occurring mental health disorders. The Creating Connections NH treatment and recovery model emphasizes evidence-based practices, a harm reduction approach, and access to Peer Recovery Supports throughout a young person's journey to wellness.



Alternative Peer Groups (APGs) offer young people a chance to connect with peers in an environment that is safe, substance-free, and recovery-focused.

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Youths' physical and emotional safety and privacy are a priority
- Opportunities for family/caregiver involvement

Connect with a Group in Your Area

Live Free Recovery
Newton, Rochester

livefreerecovery.com | 603.702.2461

Revive Recovery
Nashua

reviverecovery.org | 888.317.8312

Seacoast Outright
Portsmouth/Dover

seacoastoutright.org | 603.552.5824

Hope for NH Recovery
Manchester

recoverynh.org | 603.935.7524