

# START National Training Institute

# 2017

**Rye Brook**  
**NEW YORK**  
April 30 - May 2



*Cultivating **HOPE***  
*Through **Strength-Based** Practices*

*Available in alternative formats upon request*

## About the Institute

The annual START National Training Institute (SNTI) is provided by the Center for START Services, a non-profit, national initiative based at the University of New Hampshire Institute on Disability/University Center for Excellence in Disability (UCED). The SNTI was founded in 2016 to provide a forum where START network partners from around the country learn about research findings, along with best practices and innovations associated with START programs, to improve local capacity, service outcomes, and life experiences for individuals with intellectual/developmental disabilities (IDD) and behavioral health needs and their families.



Institute on Disability/UCED



The 2017 SNTI will commence on Sunday, April 30th with an evening opening session and conclude on the afternoon of Tuesday, May 2nd. Monday and Tuesday mornings will include keynote presentations and panel discussions. Attendees will have the opportunity to create a tailored learning experience by selecting afternoon Breakout Sessions from five content strands:

- Strand A: Positive Approaches & Cultural Competency
- Strand B: Children & Families
- Strand C: Networking & Capacity Building
- Strand D: Psychiatry & Primary Health
- Strand E: Health & Well-Being



### National Network

The SNTI is an inclusive forum. While designed for START providers from across the US and their partners, all are welcome to attend and participate in the Training Institute.



### Learn & Innovate with Evidence-Based and Evidence-Informed Practices

The SNTI offers opportunities to collaborate with colleagues from across the country to share research findings and best practices.



### Engage

The SNTI is an interactive environment designed to promote learning together in a casual atmosphere. As an attendee, you will engage with nationally recognized experts in the field through hands-on workshops and presentations. Attendees can look forward to learning about new tools, strategies, and relevant resources to use when returning to their local communities.

# Registration

The goal of the SNTI is to provide a forum in which attendees can participate in plenary and breakout sessions, but also carry on their professional development and informal networking opportunities during after-hours activities. Doral Arrowwood was chosen as our 2017 location because it is specifically designed to provide an all-inclusive experience that simultaneously provides an engaging learning environment and a lively social atmosphere.

The Training Institute is an opportunity for interested professionals and START team members from across the country to come together to learn, share, and network. Attendees of last year's SNTI noted that one of the most valuable aspects was the overall experience of learning together. As START continues to expand programs and offerings, the value of sharing in the collective strength and expertise offered by the START Network grows exponentially.

## Registration Rates

### All-Inclusive Registration Package

*Includes full registration, all special events, two overnights and six meals*

Single Occupancy Overnight Room	\$1,079
Double Occupancy Overnight Room	\$999

### Single Day Rates

Monday Registration Only	\$299
Tuesday Registration Only	\$299

## Registration Policy

- Advance registration is required
- All-Inclusive package registration and cancellation deadline is April 9, 2017
- Single day registration and cancellation deadline is April 20, 2017
- Cancellation requests must be made in writing to [registration.snti@unh.edu](mailto:registration.snti@unh.edu)
- For any event-related questions or concerns, please contact [registration.snti@unh.edu](mailto:registration.snti@unh.edu) or call (603) 228-2085 x23

## How to Register

**Online Registration:** Visit [www.centerforstartservices.org/2017-SNTI](http://www.centerforstartservices.org/2017-SNTI)

**Purchase Order:** Complete the paper registration form included in this brochure and mail or fax to the Center for START Services.

- Mail: UNH Institute on Disability, 56 Old Suncook Rd. Suite 2, Concord, NH 03301
- Fax: (603) 228-3270 attn: START

## All-Inclusive Package

Registrants of the All-Inclusive Package can look forward to:

- Registration for the entire Training Institute: Sunday evening, Monday, and Tuesday
- Overnight accommodation on Sunday and Monday nights
- Six meals: dinner on Sunday and Monday, and full breakfast and lunch on Monday and Tuesday
- Continuous refreshments throughout all sessions
- Full access to special events: Social Networking Event, Poster Session, Awards Dinner, and Film Screening
- Access to Doral Arrowwood amenities including fitness center and indoor/outdoor pool

## Day Rates

Day rate packages are designed for local attendees who do not require overnight accommodations. Please note that the Monday evening special events are not included with the single day rate and must be purchased separately for an additional package rate of \$80.

## Schedule-at-a-Glance

### SUNDAY, APRIL 30

- 5:00pm Registration\*
- 6:00pm Dinner in the Atrium\*
- 7:00pm Opening Session\*

### MONDAY, MAY 1

- 7:00 am Adaptive Yoga
- 8:00 am Registration
- 8:30 am Welcome
- 9:00 am Keynote
- 10:15 am START Update
- 10:35 am MD Panel Discussion
- 12:00 pm Lunch
- 1:00 pm Breakout Session 1
- 2:30 pm Breakout Session 2
- 4:00 pm Social Networking Event\* & Poster Session\*
- 6:00 pm Awards Dinner\*
- 8:00 pm Film Screening and Discussion\*

### TUESDAY, MAY 2

- 7:00 am Adaptive Yoga
- 8:00 am Registration
- 8:30 am Keynote
- 10:15 am Panel Discussion
- 12:00 pm Lunch
- 12:45 pm Breakout Session 3
- 2:15 pm Breakout Session 4
- 3:45 pm Closing Session
- 4:30 pm Conclusion

\* Sessions marked with an asterisk are included for All-Inclusive Registrants

## Program

### SUNDAY, APRIL 30

#### 7:00 pm - 9:00 pm | OPENING SESSION\*

### START Talks: Community Building Through Stories of Hope

Sunday night's opening session is an opportunity for SNTI attendees to come together to begin the Training Institute with "START Talks". This session will feature START team members from across the country.

### MONDAY, MAY 1

#### 8:30 am - 9:00 am | WELCOME

**Joan Beasley, PhD**, Director, Center for START Services;  
**Kate Bishop, MA**, Director of Program Development/  
OPWDD Division of Person Centered Supports

#### 9:00 am - 10:00 am | KEYNOTE

### "Strength Spotting"



**Dan Tomasulo, PhD, MFA, MAPP**, Adjunct Assistant Professor of Psychology and Education, Columbia University, Teachers College, University of Pennsylvania

This keynote will highlight how mental health providers can use strength-based treatment interventions that nurture themselves—and those they work with. This includes the latest developments in the field and an extended question and answer period on application of the research in the field.

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**10:15 am - 10:35 am | UPDATE**

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## **National Advisory Council Update**

**Eileen Elias, MEd** Disability Services Center Consulting Director, JBS Consulting

An overview will be provided of the START National Advisory Council and its role in helping START enhance its services and support its sustainability.

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**10:35 am - 12:00 pm | MD PANEL DISCUSSION**

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## **Searching for the Magic Bullet:**

### **The Evidence Base for Psychopharmacologic Treatment**

**Lauren Charlot, PhD, LICSW**, Consultant & Trainer, Center for START Services, Clinical Director, NC START East; **Robin Friedlander, MD, FRCPC**, Clinical Professor & Director of Developmental Disorders Program, University of British Columbia; **Leslie Smith, MD**, Medical Director, ArkSTART; **Jennifer McLaren, MD**, Assistant Professor of Psychiatry, Dartmouth Hitchcock Medical Center; **Jarrett Barnhill, MD, DFAPA, FAACAP**, Medical Advisor, Center for START Services, Director, Developmental Neuropharmacology Clinic, UNC Chapel Hill; **Stefanie Griffin PhD**, Clinical Neuropsychologist, Northeast Evaluation Specialists

Our expert panel will discuss the nature of our current evidence base for the treatment of psychiatric disorders with psychiatric agents. When drugs are reported to be effective for specific psychiatric conditions, how confident are we that these conditions are valid entities? What are some of the current controversies regarding our diagnostic classification systems? Some implications of applying the findings from Randomized Clinically Controlled Trials with psychoactive drugs will be presented, with discussion about the role of clinical judgment. Alternatives to the more traditional view of psychiatric medications as treating disorders will be offered. Our discussants will address implications for the treatment of people with IDD and mental health disorders.

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**1:00 pm - 2:15 pm | BREAKOUT SESSION 1**

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## **Wrong to Strong: Applying Positive Psychology to the field of IDD**

**Strand A: Positive Approaches & Cultural Competency**

**Dan Tomasulo, PhD, MFA, MAPP**, Adjunct Assistant Professor of Psychology and Education, Columbia University, Teachers College, Faculty Associate Professor, New Jersey City University; **Andrea Szucs, LMSW, RDT**, AHRC of New York City

Specific evidence-based positive interventions drawn from positive psychology and positive psychotherapy have been incorporated into the field of intellectual disabilities with promising results. Techniques for clinical and direct service staff, as well as modifications used in Interactive-Behavioral Therapy will be demonstrated and shown as part of this presentation.

## **Understanding Conscious Discipline**

**Strand B: Children & Families**

**Kim Hughes, MEd, SLA**, National Certified Instructor, Conscious Discipline

Conscious Discipline® leads parents, teachers, administrators, staff and employees through a process that promotes permanent behavior changes in both adults and children. The paradigm of change is from a traditional compliance model of discipline, relying on lower brain center approaches of threat and force, to a relationship-based community model that relies on higher-order thinking skills. Experience how this extraordinary model educates adults by establishing an understanding of brain development. Once a basic knowledge is established, Conscious Discipline then draws out the relationships between brain development, learning and behavior, using this information to deliver specific ways to create safer, more caring and more responsive environments for schools, homes and workplaces.



## Increasing Capacity, Ability, and Involvement in Learning: Professional Learning Communities (PLCs)

### Strand C: Networking & Capacity Building

**Joan Beasley, PhD**, Director, Center for START Services; **Dave O'Neal, MS**, Project Facilitator, Center for START Services; **Pratima Musburger, JD, MPH**, Director, Project Laulima; **Michelle Kluttz, BA** Program Director, NC START West; **Luke Reynard, MBA**, Program Director, Tarrant County TX START

An overview of the PLC process and how it can be implemented will be provided. In addition, presenters will highlight the types of PLCs developed to partner across systems and disciplines in building capacity in local communities. Presenters from New England, Hawaii, North Carolina, Texas and Washington State will describe their unique systems and how the PLC process was applied to meet their professional learning goals.

## Autism Spectrum Disorders and Common Comorbidities

### Strand D: Psychiatry & Primary Care

**Karen L Weigle, PhD**, Associate Director, Center for START Services; **Jennifer L McLaren, MD**, Assistant Professor of Psychiatry, Dartmouth Hitchcock Medical Center

The most common comorbidities with Autism Spectrum Disorders will be discussed, and how each presents in persons with ASD will be described. We will discuss psychopharmacologic treatment options to target these comorbidities.

## Striking a Balance: Plan Your Workday with Intention & Wellness in Mind

### Strand E: Health & Well-Being

**Angela Green, LCSW**, Team Leader, ArkSTART; **Liv Salvador, MA**, Program Director, VA REACH 2/ Easter Seals UCP of NC & VA; **Valarie Tetreault, MA**, Team Leader, NH START

How close are you to burn out? Do you look forward to your workday? Striking a Balance is an interactive workshop designed for Case Managers and Care Coordinators to develop a more balanced approach to the work we do. This workshop will explore ways to plan our work days mindfully and create a healthy work environment designed to promote an overall sense of well-being. The training will feature positive psychology and focus on the mind-body connection and re-framing daily challenges that steal our joy. We will explore the importance of a healthy work-life balance and discuss real strategies to achieve that balance.

## 2:30 pm - 3:45 pm | BREAKOUT SESSION 2

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## Honoring the Humanity of Those We Support

### Strand A: Positive Approaches & Cultural Competency

**Karyn Harvey, PhD**, Assistant Executive Director, The Arc Baltimore; **Jason Tuell, MSW**, START National Team, Resource Center Clinical Specialist, NC START Central; **Lisa Wolfe, MSW, LCSWA**, Program Director, NC START East

This workshop will explore ways in which we can use positive psychology techniques when working with people with individuals with IDD. We will explore trauma informed care, the power of positive regard, acceptance and the “joining” approach, and cultural competency and its application. The use of these alternative approaches will be described in the context of training direct support professionals as well as working directly with individuals with IDD.

## Creating a Culture of Inclusion Through Film

### Strand B: Children & Families

**Dan Habib, BA**, Filmmaker & Photojournalist, Institute on Disability, University of New Hampshire

Participants of this breakout session will have a unique opportunity to learn from a nationally-acclaimed filmmaker about the positive impact that film can have on the promotion of inclusion and disability rights. Habib will showcase the 2015 ArkSTART documentary film, “Keeping Families Together”, which tells the story of two families involved with ArkSTART and their partner organizations. The ArkSTART film will be utilized to illustrate the ways in which film is used to document and share innovative approaches that promote social change. Participants will have the opportunity for a Q&A session and to view clips from some of his other films which capture inclusion in action.

## MH/IDD Learning Games: Creative Ways to Enhance PLC Learning

### Strand C: Networking & Capacity Building

**Joan Beasley, PhD**, Director, Center for START Services; **Jillaine Baker, LCSW**, Program Director, NC START Central; **Maryann Howard, RN**, Team Leader, NYSTART Region 3; **Laurie Hoagland, MS**, Team Leader, NYSTART Region 3; **Luke Reynard, MBA**, Program Director, Tarrant County TX START

As a follow-up to the session 1 discussion on Professional Learning Communities (PLCs) and promoting multi-disciplinary learning opportunities, this session will explore ways to use creative, engaging, and positive strategies to enhance traditional learning and training forums. Presenters will demonstrate how learning games have been used to support learning topics covered in PLCs including traditional gameshow models like Jeopardy, Password, and the Match Game as well as newly developed games to promote the development of skills and knowledge.

## So Many Roads: Irritability in Individuals with IDD

### Strand D: Psychiatry & Primary Care

**Lauren Charlot, PhD, LICSW**, Consultant & Trainer, Center for START Services, Clinical Director, NC START East; **Robin Friedlander, MD, FRCPC**, Clinical Professor & Director of Developmental Disorders Program, University of BC

Aggression is the most common “chief complaint” when both children and adults with IDD and ASD (Autism Spectrum Disorder) are referred for an emergency evaluation. Irritability, in turn, is the most commonly reported underlying feature when severe challenging behaviors, especially aggression, occur. Longitudinal studies of children with chronic irritability demonstrate specific outcomes related to later psychiatric disorder. However, similarly designed investigations of children with ASD and other IDDs are lacking. In this presentation, we will examine assessment and treatment of individuals with IDD who require urgent care related to irritability, including some discussion of challenges to differentiating irritability and anxiety. An algorithm for addressing irritability will be reviewed and case examples presented to illustrate key points and questions.

## The Health and Happiness Connection: The Role of the START Therapeutic Center in Health & Wellness Promotion

### Strand E: Health & Well-Being

**Andrea Caoili, LCSW**, Director of Quality Assurance, Center for START Services; **Ashley Painter, BA**, Clinical Therapeutic Home Director, VA REACH 1/Easter Seals UCP; **Caitlin Sestokas, MSW**, Resource Center Director, NY START Region 1; **Steve Tuzo, BS**, Resource Center Director, NC START East

Wellness is not simply the absence of illness but rather is defined as a conscious, self-directed and evolving process of achieving full mental and physical potential. A focus on health and wellness promotion for individuals with IDD is often undervalued and instead a strong emphasis is placed on both physical and mental illness/concerns. This presentation will focus on how the promotion of positive wellness and happiness approaches, including healthy eating, movement, and stress management, can lead to enjoyment, a decrease in challenging behaviors, and positive outcomes in the overall well-being of individuals with IDD. Specific activities, strategies, and tools used at the START Therapeutic Resource Centers will also be discussed and shared with participants.

## 4:00 pm - 6:00 pm | POSTER SESSION\*

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This exciting opportunity for all START programs to share what they have learned is a key part of our annual Training Institute. Posters presented from representatives of START programs in: Arkansas, Hawaii, Iowa, North Carolina, New Hampshire, New York, Virginia, and Texas. Posters will demonstrate the effective analysis and application of data gathered from SIRS (START Information and Reporting System). Posters will be judged and award recipients will be announced at the Awards Dinner on Monday evening.

TUESDAY, MAY 2

## 9:00 am - 10:00 am | KEYNOTE

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### **Berkshire Hills Music Academy Troupe: Sharing Our Unique Strengths and Abilities Through Music**



**Troupe Members: Tori Ackley, John Libera, Justin Scott, Marco DiSantis, Etienne Perley, Sasha Harvey, Tim Connor, Franklin Nichols; Introduction: Karen Carreira, Director of Music and Music Vocation**

Berkshire Hills Music Academy offers both day and residential programs to students between the ages of 18 and 30 years old with intellectual/developmental disabilities; some with a secondary behavioral health diagnosis. All of the Troupe members are graduates of the program. Music is used to help students achieve non-music goals such as developing vocational, communication, and social skills. Going beyond entertainment, a concert by the Troupe breaks down barriers and stereotypes as it testifies to the unique gifts of young adults with special needs. In addition to their musical performance, the Troupe members will speak about their lives to give depth and even more power to their presentation.

## 10:15 am - 11:45 am | PANEL DISCUSSION

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### **START-ing With More Outcomes: SIRS in Action**

**Joan Beasley, PhD**, Director, Center for START Services; **Andrea Caoili, LCSW**, Director of Quality Assurance, Center for START Services; **Luke Kalb, MHS**, START National Team, Research Fellow, Johns Hopkins Bloomberg School of Public Health; **Ann Klein, MA**, SIRS Manager, Center for START Services; **Diane M. Jacobstein, PhD**, Clinical Psychologist and Senior Policy Associate, Georgetown University Center for Child & Human Development/UCEDD

This presentation will provide a review of research and development in our work toward evidence-based practices. A summary of findings from past to present will be provided.



## **Cultural Competence: Implications for the START Program**

### **Strand A: Positive Approaches & Cultural Competency**

**Tawara Goode, MA**, Director, Georgetown University National Center for Cultural Competence

Cultural competence is widely recognized by policy makers, researchers, and health and human service providers as an essential approach ensuring quality, reducing disparities, and promoting equity by improving access, utilization, satisfaction, and outcomes in services and supports. While the evidence suggests the efficacy of this approach, particularly in health and behavioral health care, many within these fields continue to struggle with the full integration of cultural competence into their policies, structures, practices, and procedures. This workshop will explore a conceptual framework for cultural competence, and examine its relevance for services and supports for persons with intellectual and developmental disabilities and their families.

## **Understanding Mental Health Diagnosis in Children with IDD:**

### **Implications for Treatment**

#### **Strand B: Children & Families**

**Jarrett Barnhill, MD, DFAPA, FAACAP**, Medical Advisor, Center for START Services, Director, Developmental Neuropharmacology Clinic, UNC Chapel Hill; **Jill Hinton, PhD**, Clinical Director, Center for START Services

Developing effective interventions and treatment for children with IDD and behavioral health issues can be challenging. There are symptoms, which cut across several diagnoses, as well as historical and environmental factors that can impact a child's presentation. Effective treatment begins with diagnostic clarity and assessment from a bio-psycho-social perspective. This session will provide an overview of common mental health diagnoses in children and present factors to consider for effective evaluation and assessment.

## **Newest START Services: Where They Are, Where They Are Going**

### **Strand C: Networking & Capacity Building**

**Luke Reynard, MBA**, Program Director, Tarrant County TX START; **Kristal Garcia, QMHP-CS**, Team Leader, El Paso TX START; **Angie Francis, BS**, NY START Statewide Coordinator; **Bob Lincoln, LMSW, MBA**, CEO, County Social Services, Iowa START; **Roberto Blanco, MD**, Assistant Professor, UNC School of Medicine, Medical Director, NC START Central; **Anne LaForce, MA**, Project Facilitator, Center for START Services, Clinical Director, NC START Central

This session will provide an overview of new initiatives in innovative approaches to development and implementation of the START model. While program development always maintains fidelity to the START model and philosophy, different locations have been able to develop programs that fit into their unique systems to meet their needs.

## **Psychopharmacology: What is New in the Field?**

### **Strand D: Psychiatry & Primary Care**

**Karen Weigle, PhD**, Associate Director, Center for START Services; **Leslie Smith, MD**, Medical Director, ArkSTART; **Sherm Fox, MD**, The Sovner Center, START National Consultant

In this age of neuroscience and pharmacology, we are seeing psychopharmacology agents coming to market with familiar and different receptor profiles that could be advantageous in treating patients with complex profiles. The problem many of these agents have is they lack the data in double blind, placebo controlled, and adequate power analysis. Given that there are very few medications with the indication for use in individuals with IDD/autism spectrum, we have to explore areas by pushing outside the envelope. This session will explore what might be possible, theories of how the benefits could be realized, case examples of where we have seen benefits and where we have not, and exploration of possible risks both known and theoretical.

# What the Health Are We Doing About Wellness?

## Strand E: Health & Well-Being

**Dave O'Neal, MS**, Project Facilitator, Center for START Services; **Karen Luken, MS**, Consultant, Easter Seals UPC and Arc of NC; **Erica Thomas, MS**, Health Educator, DDA Health Initiative, Georgetown University Center for Child & Human Development/UCEDD

Health and wellness knowledge, skills, and strategies are essential to maintaining physical, mental, social, self and emotional well being. This presentation will explore some of the existing models and curriculums available and describe modifications and lessons learned in utilizing them in various settings. Effective, creative ways of teaching important topics will be demonstrated. Participants will examine their own health values and how to turn those interests and strengths into teachable segments. Elements learned can be used in schools, residential programs, mental health centers, resource centers, day programs, and anywhere you have the potential to promote health.

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**2:15 pm - 3:30 pm | BREAKOUT SESSION 4**

## Linguistic Competence: What it Means for Individuals with IDD & Their Families

### Strand A: Positive Approaches & Cultural Competency

**Tawara Goode, MA**, Director, Georgetown University National Center for Cultural Competence

Ensuring linguistic competence is a necessary and effective way to communicate with diverse individuals, families, and populations. This workshop will provide a conceptual framework and definition of linguistic competence, delineate their relevance for the START Program, explore the implications of linguistic competence for within the context of intellectual and developmental disabilities, and offer concrete approaches to ensure linguistic competence in policy and practice.

## Lessons Learned from Parents of Children, Youth, and Young Adults

### Strand B: Children & Families

**Diane M. Jacobstein, PhD**, Clinical Psychologist and Senior Policy Associate, Georgetown University Center for Child & Human Development/UCEDD; **Robin Hickey, BS**, Program Planner, NYS Developmental Disabilities Planning Council; **Kathy Honeyman, MSW, LCSW**, Private Clinical and Health Coaching Practice

This session will provide START personnel with tools to enhance their effectiveness with families. After an interactive exploration of concerns voiced by parents in START programs, important systems issues and inequities will be highlighted that shape families' lives across the country. Two parents of young adults with significant disabilities will talk about strengths, difficulties and sources of resilience gleaned through their own experiences and offer positive tools for supporting parents, based on their many years of professional work with other families. Resources will be provided for START personnel and for the parents they work with.

## Building Systems of Care Through the Linkage Agreement Process

### Strand C: Networking & Capacity Building

**Robert Scholz, MS, LMHC**, Project Facilitator, Center for START Services; **Susan Morris, MSW, RSW**, Morris Consulting; **Sharon Cyrus-Savary, PhD(c), LMHC**, Program Director, NY START Region 4 Richmond-Kings; **Cynthia Hill, LMSW**, Program Director, NY START Region 3

The purpose of linkage agreements, five (5) strategies for developing the agreements, and suggestions to maintain currency will be discussed. Samples of linkage agreements from several START programs will be reviewed to demonstrate how the process of achieving agreement can assist with addressing relationship challenges and promote improved collaboration across systems of support on behalf of persons served. Small group discussions will provide an opportunity for participants to apply the strategies to actual situations.

# Psycho-Pharmacology in Pediatric IDD: The Struggle to Practice Evidence-Based Medicine in an Evidence-Limited Environment

## Strand D: Psychiatry & Primary Care

**Robert B Christian, MD**, Clinical Assistant Professor of Psychiatry and Pediatrics, Carolina Institute for Developmental Disabilities, UNC School of Medicine

The state of the evidence in pediatric psycho-pharmacology as it relates to the pediatric IDD population across medication classes will be reviewed. This session will also provide detailed information on possible benefits and common risks in most frequently used medications as well as common sense guidelines for safe and effective evaluation and treatment of psychiatric co-morbidity and/or severe behavior challenges. Clinical examples will be used to illustrate the real world challenges and barriers to ideal practice and how these barriers can be mitigated in team care.

## Interventions for Sensory Integration and Using Apps for Relaxation

### Strand E: Health & Well-Being

**Juli Braswell, OTR/L**, Occupational Therapist, Willow Creek Women's Hospital; **Jeni Yielding, BS, OTR/L**, Occupational Therapist, Milestones Pediatric Therapy for Early Intervention; **Alyce Benson, LCSW**, Associate Project Facilitator, Center for START Services

This session will recognize components of sensory processing and their impact on performance in life activities at different ages. Participants will learn strategies for integrating a sensory diet into school, home, and work. This session will also identify apps for mindfulness exercises, deep breathing, and calming activities that can be used in a variety of settings.

## 3:45 pm - 4:30 pm | CLOSING SESSION

### "Strength Spotting" Wrap-Up

**Dan Tomasulo, PhD, MFA, MAPP**, Adjunct Assistant Professor of Psychology and Education, Columbia University, Teachers College, Faculty Associate Professor, New Jersey City University

### Closing Remarks

**Joan Beasley, PhD**, Director, Center for START Services; **Jill Hinton, PhD**, Clinical Director, Center for START Services



#### Professional Development

All participants are eligible to receive University of New Hampshire Continuing Education Units (CEUs). NASW and New York Social Work CE's are pending approval and will be available for a one-time flat processing fee of \$25. Additional details, including information on CEU registration, will be available at [www.centerforstartservices.org](http://www.centerforstartservices.org) as information becomes available.



#### Learning Partners & Sponsorship Opportunities

Visit [www.centerforstartservices.org](http://www.centerforstartservices.org) for information on how you or your organization can become a SNTI sponsor or partner in learning.

# Accommodations & Travel

## About Doral Arrowwood

Doral Arrowwood was chosen as this year's location because it is specifically designed to provide a professional, all-inclusive experience that simultaneously provides an engaging learning environment and a lively social atmosphere.

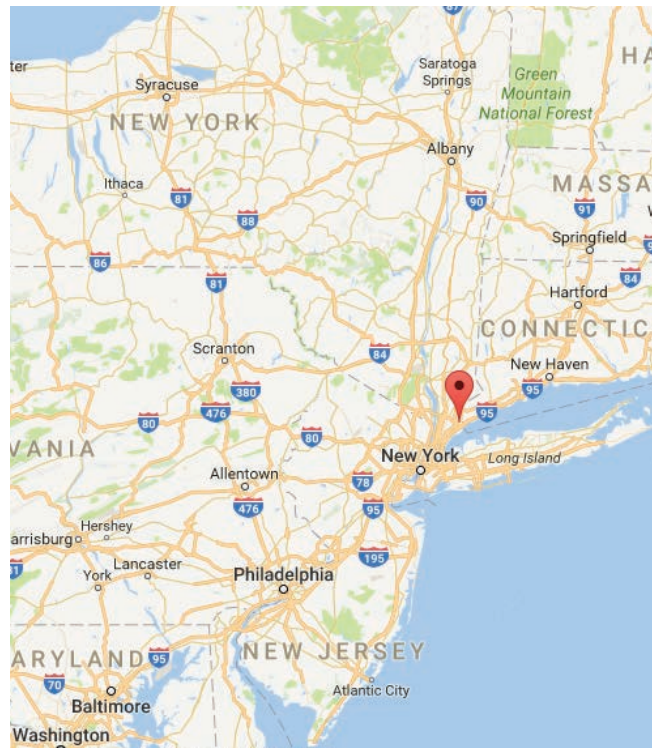
## Travel Considerations

Less than an hour drive from Manhattan, 20 minutes from Stamford, Connecticut, 10 minutes from White Plains, New York, and 30 minutes from northern New Jersey.

The **nearest major airports** include:

- Westchester County Airport -15 minutes (3 miles)
- LaGuardia Airport - 45 minutes (27 miles)
- Kennedy Airport - 1 hr (34 miles)
- Newark (New Jersey) Airport - 75 minutes (46 miles)

The **nearest train station** is the Rye Metro-North Amtrak station on the New Haven line.



## Special Events

### Social Networking Event & Poster Session

Cash bar and hors d'oeuvres will be served while SNTI attendees have the opportunity to network with colleagues while enjoying a special performance by the Berkshire Hills Music Academy Troupe. During this event, posters from START programs across the country will be on display. Posters will be judged and award recipients will be announced at the dinner on Monday evening.

### Awards Dinner

The Awards Dinner provides an opportunity to recognize members of the START Network for their exceptional leadership and significant contributions in improving service outcomes and enhancing capacity of the system. The Center for START Services will present awards to START Team members, network partners, case managers, as well as a nationally recognized special guests as we enjoy a delicious full course plated dinner together.

### Dan Habib Film Screening & Discussion

Acclaimed documentary filmmaker, Dan Habib, will screen a preview of his new project, *Intelligent Lives* (working title), a film that explores how the segregation of people with intellectual disabilities became the norm, why this segregation is slowly being dismantled, and how some people with intellectual disabilities are blazing a bold new path. Narrated by Academy Award-winning actor, Chris Cooper, the film weaves together personal stories and historical perspectives on the experiences of people with intellectual disabilities.



### Contact US

Please contact the Center for START Services with any questions by email at [registration.snti@unh.edu](mailto:registration.snti@unh.edu) or by phone at (603) 228-2085 ext. 23.



# Registration Form

Please check your registration package from the options below:

## All-Inclusive Registration Package

Includes full Training Institute registration, access to all special events, overnight rooms on Sunday and Monday, and six meals

Single Occupancy Room ☐ \$1,079

Double Occupancy Room\* ☐ \$999

\_\_\_\_\_  
\*Name of person sharing room with

## Single Day Registration

Monday, May 1, 2017 ☐ \$299

Tuesday, May 2, 2017 ☐ \$299



## Register Online at

[www.centerforstartservices.org](http://www.centerforstartservices.org)

**fax:** (603) 228-3270

**mail:** 56 Old Suncook Road, Suite 2  
Concord, NH 03301

## Breakout Sessions

Please select one breakout session presentation per column for each day that you will be in attendance:

Monday Session 1	Monday Session 2	Tuesday Session 3	Tuesday Session 4
<input type="checkbox"/> A.1	<input type="checkbox"/> A.2	<input type="checkbox"/> A.3	<input type="checkbox"/> A.3
<input type="checkbox"/> B.1	<input type="checkbox"/> B.2	<input type="checkbox"/> B.3	<input type="checkbox"/> B.4
<input type="checkbox"/> C.1	<input type="checkbox"/> C.2	<input type="checkbox"/> C.3	<input type="checkbox"/> C.4
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<input type="checkbox"/> E.1	<input type="checkbox"/> E.2	<input type="checkbox"/> E.3	<input type="checkbox"/> E.4

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

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City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

This address is my: ☐ Home ☐ Work

Daytime Phone: \_\_\_\_\_ E-mail Address\*: \_\_\_\_\_

*\*e-mail confirmation and important updates will be sent to this address*

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Billing Contact E-mail Address: \_\_\_\_\_

☐ Visa/MC – *Check your e-mail for a link to pay balance online, or call (603)228-2085, ext. 23, to pay by phone.*

Please note any dietary/accessibility accommodations here: \_\_\_\_\_

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\*\*Payment or a copy of a purchase order must be received prior to participation. Cancellation notice must be received in writing by April 8, 2017 for full refund.