



APG Training & YPSS Certification Tracker SUD and SUD/COD

Creating Connections NH suggests that APG facilitators and staff pursue Youth Peer Support Certification in addition to training specific for facilitating Alternative Peer Groups. The outlined training is designed to maintain the integrity, competency, and rigor for which the practice is intended. Individuals must obtain certification within 18 months of beginning to work with youth. The certification is valid for 24 months, and the recertification process may begin 18 months after the initial certification. All certifications expire 24 months after the certification date.

Creating Connections SUD/COD Youth Peer Support certification requirements include training in four domains: (1) Advocacy; (2) Ethical Responsibility; (3) Mentoring and Education; and (4) Recovery and Wellness Support.

TRAINING REQUIREMENTS	WHERE/ HOW TO ACCESS TRAINING	WHEN	DATE COMPLETED	EVIDENCE	SIGNED OFF BY
1. APG is approved by Creating Connections NH					
2. Completion of online modules from Washington State Manual: Modules 1-10 (excluding module #4 which is specific to Washington State)	Online Modules 1-9: https://www.dshs.wa.gov/node/28236 Module 1: Recovery & Resiliency (Wellness and Recovery) Module 2: The Role of Peer Support (Mentoring and Education) Module 3: Self Advocacy (Mentoring and Advocacy) Module 5: Introduction to Culture (Mentoring and Education) Module 6: Movements Module 7: Ethics & Boundaries (Ethics)	Within first 30 days of employment			

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	Module 8: Whole Health (<i>Wellness and Recovery</i>) Module 9: Support in Challenging Times (<i>Wellness and Recovery</i>)				
3. Completed Cultural Linguistic Competence online module	Children's Behavioral Health Cultural and Linguistic Competency Online Module (<i>Advocacy</i>)	Within first 30 days of employment			
4. Completed Family Driven and Youth-Guided Practice online module	Children's Behavioral Health Youth and Family Guided Online Module (<i>Advocacy</i>)	Within first 30 days of employment			
5. Completed System of Care in Children's Behavioral Health online module	System of Care for Children's Behavioral Health in NH online module Supplemental Resources: NH Children's Behavioral Health System of Care Resources (<i>Advocacy</i>)	Within first 30 days of employment			
6. Stress, Trauma, and the Brain online module	Children's Behavioral Health Online Module Stress Trauma and the Brain (<i>Wellness and Recovery</i>)	Within first 30 days of employment			
7. NHCBH Core Competencies online module	Children's Behavioral Health Core Competencies (<i>Ethics</i>)	Within first 30 days of employment			
8. Completed Strategic Sharing module	Strategic Sharing pre-recorded webinar from Pathways RTC: <i>Advocacy and Ethics</i> or face-to-face training on site at hiring organization Strategic Sharing Online Resource	Within first 30 days of employment			

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9. Completed Sex, Gender Identity, Gender Expression, and Gender Orientation module	Children’s Behavioral Health Sex, Gender Identity, Gender Expression and Gender Orientation Online Module (Advocacy)	Within first 30 days of employment			
10. Training in adult and pediatric CPR/First Aid	Any certified adult and pediatric CPR/First Aid Training (Recovery & Wellness)	Within first 30 days of employment and annual re-certification thereafter			
11. Suicide awareness	Approved suicide awareness training (Recovery and Wellness) Possible options: <ol style="list-style-type: none"> 1. Question, Persuade, Refer https://qprinstitute.com/professional-training 2. Free online courses require an account set up Suicide Prevention Resource Center https://training.sprc.org/d 3. NAMI’s trainings have a cost associated with them https://theconnectprogram.org/available-services/suicide-prevention-and-intervention-training-with-a-community-based-approach/ 	Within first 30 days of employment			

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12. Narcan (Critical component #5)	American Medical Association “How to Administer Naloxone” video Concord NH Project First Video The Doorway (Recovery and Wellness:preferred in-person training)	Within first 30 days of employment			
13. Receives at least 1 hour perweek/ 4 hours per month of group or individual coaching from an endorsed Youth Peer Support Coach/Leader to ensure fidelity to the model, follow ethics guidelines, and attending to self-care.	RESOURCES: Ethics Module #4 for the Printed Washington Manual and Online Module #7 for Washington Manual May be supplemented/arranged by coach/hiring organization (Ethical Responsibility)	Within first 30 days of employment and bi-weekly thereafter		Attach Coaching Log with coaching hours, dates, and a signature for their YPSS coach	
14. Receives administrative supervision from their line supervisor at least 30 minutes 2 x monthly. Increase to weekly as needed. Once fully trained, include in general performance review x 90 days (re: documentation, time logs, etc.)-	Arranged by hiring organization (Ethical Responsibility)	Within first 30 days of employment and monthly thereafter			
15. Mental health	Mental Health First Aid (Recovery and wellness)	Complete self-paced component within 3 months of employment.			

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		Complete instructor led class as soon as available.			
16. Completed a NH-mandated reporting training specific to Creating Connections staff in pilot sites (Adele B) and how to use the procedures	<ol style="list-style-type: none"> 1. Division for Children Youth and Families Contact Information 2. DHHS Document on Reporting Suspected Abuse and Neglect 3. KNOW and TELL Granite State Children's Alliance 603-864-0216 <p>(Ethics)</p>	Within 3 months			
17. Leadership and/or facilitation training (learning how to guide members to be accountable for the success of the group) – Critical Component #3 & #17 & 18	<p>Ethical Responsibility, Mentoring and Education, and Recovery and Wellness Support</p> <p>University of Colorado - Teamwork Skills: Communicating Effectively in Groups</p>	Within 3 months of employment			
18. Peer Support Skills Communication & Wellness skills: <ul style="list-style-type: none"> ● Ethics and boundaries (dual relationships and self-disclosure) ● Conflict resolution ● Crisis prevention/de-escalation ● How to interrupt the cycle of anxiety (Critical Component #8) 	<p>Pre-recorded module(s) online in development</p> <ol style="list-style-type: none"> 1. Washington Manual module #4 2. Conflict resolution materials 3. How to interrupt the cycle of anxiety 4. Group Norms handout and case study training materials 5. Motivational Interviewing Tips for Working with Youth 6. Stages of Change Theory 	Within 3 months			

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<ul style="list-style-type: none"> ● Personal futures planning, goal setting, problem solving and help-seeking, autonomy (i.e. self-determination) ● Group norms to include scenarios such as what happens if members see each other out in the community? Confidentiality (Critical Component # 9 & #6) ● Motivational Interviewing techniques (Critical Component #3, #8, & 10) ● Stages of Change Model ● Triggers (may be covered in Trauma training – Critical Component#5) ● Resiliency training, strengths-based approach (Critical Component #8) ● Developmental stages training; Brain development and neuroscience for youth, adolescence, and emerging adults - Critical Component #19 ● Understanding Grief ● Selfcare & supervision 	<ol style="list-style-type: none"> 7. Future Planning online module 8. Know and Tell 9. Erikson’s 8 development stages (Advocacy, Ethical responsibility, Mentoring and Education, and Recovery and Wellness Support) 				
19. Completed a Seven Challenges overview (3-4 hours) with a certified trainer	-Watch 1-hour Seven Challenges video	Within 3 months			

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	<p>-Coordinate overview of Seven Challenges with a certified trainer below</p> <p><u>NH Trainers as of June 2020:</u></p> <p><u>GNMHC-</u></p> <p>*Kate Bernier- Bernierk@gnmhc.org</p> <p>*Jan Trudo- Trudoj@gnmhc.org</p> <p>*Barbara Merrill- Merrillb@gnmhc.org</p> <p>*Stephanie Levesque- Levesques@gnmhc.org</p> <p>*Amber McCarthy- McCarthy@gnmhc.org</p> <p>*Skerry Moir- Moirs@gnmhc.org</p> <p>*Lindsay Murphy- Murphyl@gnmhc.org</p> <p>*Heather Smith- Smithh@gnmhc.org</p> <p>*Julie Williams- Williamsj@gnmhc.org</p>				
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	<p><u>Bureau for Children’s Behavioral Health</u></p> <p>*Daryll Tenney- Daryll.Tenney@dhhs.nh.gov</p> <p><u>UNH IOD</u></p> <p>*JoAnne Malloy- JoAnne.Malloy@unh.edu</p> <p>(Mentoring/ Recovery and Wellness)</p>				
<p>20. Completed a minimum of 15 hours observing youth peer support specialists with lived experience as they work with youth or young adults in an APG.</p>	<p>In the field observing an experienced YPSS (Ethical Responsibility)</p>	<p>Ongoing within 3 months of employment</p>	<p>1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____ 8. _____ 9. _____ 10. _____ 11. _____ 12. _____ 13. _____ 14. _____ _____</p>	<p>Attach Coaching Log with dates, whether each observation was in a group or individual youth peer support and</p>	

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				a signat ure for the YPSS being obser ved	
21. Completed 6 hour initial training on Addictions and Recovery and 3.5 hour training on Families and Addiction training (NH DHHS)	Face-to-face training schedule posted online: https://www.dhhs.nh.gov/dcbcs/bdas/training.htm (Wellness and Recovery) 2020 Training schedule To register, or for more information, please contact Shannon Quinn Phone: 603-271-5889 NH DHHS Training (Wellness and Recovery)	Within 6 months of employment			
22. Completed the 1-day Diversity and Cultural Competence in the Workplace training	To register, contact Ellen Macneil (603) 271-9249 or Shawn Blakey 271-0845 Or visit the NH Health and Equity Partnership Trainings (Advocacy)	Within 6 months of employment			
23. Completed 2 days of face-to-face training with role plays, practice, and case examples based on the Washington State activities	On-site with hiring organization using Washington Manual or Hiring Agency specific (Advocacy, Ethical responsibility, Mentoring and Education, and Recovery and Wellness Support)	Within 6 months of employment			

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<p>24. Assembles a portfolio and application for Creating Connections NH Youth Peer Support Specialist Certification or Certified Recovery Support Worker with a letter of recommendation from his or her YPSS coach, to be reviewed by Creating Connections NH Interagency Council</p>	<p>The portfolio shall include:</p> <ul style="list-style-type: none"> ✓ Evidence of Completion of Peer Support Specialist Curriculum ✓ Two YPSS Coaching Observations with a score of 80% or more ✓ Coach's and Supervisor's letters of recommendation 	<p>Within 18 months</p>			
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