

# Pleasant Street School

## Problem Solving Conference Grades 3-5

Student: \_\_\_\_\_ Date: \_\_\_\_\_

Location: \_\_\_\_\_ Teacher: \_\_\_\_\_

Time Start: \_\_\_\_\_ Time End: \_\_\_\_\_

Step 1: Calm Down Time Total: \_\_\_\_\_

Step 2: **TRIGGER:** How Did I Feel?

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Step 3: **PROBLEM:** What Did I Do?

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Step 4: **CONSEQUENCE:** What was the Consequence?

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Step 5: **SOLUTION:** Next Time that I feel \_\_\_\_\_ I will:

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Step 6: **OUTCOME:** Then I can:

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STUDENT: \_\_\_\_\_ SSR STAFF: \_\_\_\_\_

Parent contact through Administration ☐

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