



**B5: RENEW as a Viable Practice  
Provided by the NH Community  
Mental Health System**

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Manchester



**RENEW**  
Rehabilitation for  
Employment,  
Natural Supports,  
Education, & Work

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## Session Agenda

- Introduction to RENEW
- RENEW Projects & Applications
- The RENEW Capacity Building Project
- Collaboration with Schools
- RENEW Mental Health and School Youth Example
- RENEW Agency Implementation Teams
- Case Example



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## Introduction to RENEW



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## RENEW Elements for Effective Transition & Supports

- Student Focused Planning
- Student Development
- Interagency Collaboration
- Family Involvement
- Program Structures



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## Student Focused Planning

- Ensures that youth is at the center of the process
- RENEW is highly focused on youth voice using the mapping process
- Youth is in charge of the team process
- Supports are developed based on the youth's needs
- The post-school supports are developed based upon the youth's goals



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## Student Development

- Student is at the center of the career development process
- The youth learns how to plan and achieve success in school, work, and post-school activities



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## Inter-agency Collaboration

- Teams include key individuals from inside the school, the family, and community agencies
- Resources are developed from multiple sources
- The planning process should help link the youth with post-school supports



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## Family Involvement

- Ensures family involvement in RENEW process



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## RENEW History, Goals, & Principles



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Rehabilitation, Empowerment, Natural Supports, Education and Work {RENEW}

- Developed in 1996 as the model for a 3-year RSA-funded employment model demonstration project for youth with "SED"
- Focus is on community-based, self-determined services and supports
- Promising results for youth who typically have very poor post-school outcomes (Bullis & Cheney; Eber, Nelson & Miles, 1997; Cheney, Malloy & Hagner, 1998; Malloy, Sundar, Hagner, Pierias, Viet, 2010)



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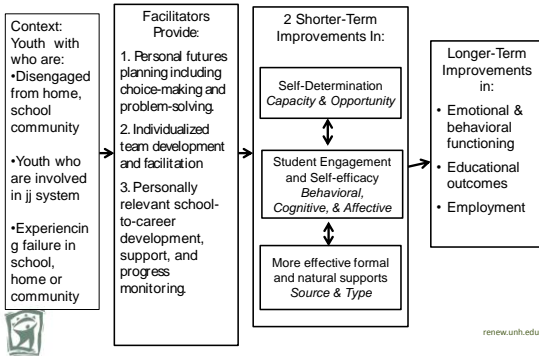
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RENEW Theory of Change



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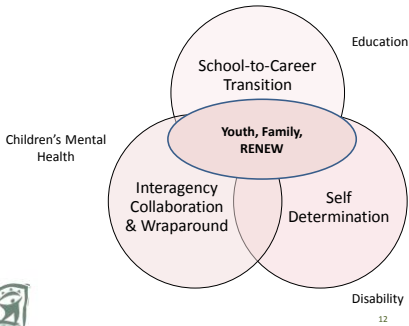
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RENEW Conceptual Framework



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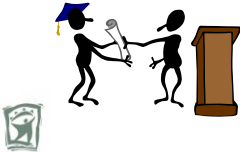
## RENEW Goals & Principles

### RENEW Goals

- High School Completion
- Employment
- Post-secondary Education
- Community Inclusion

### RENEW Principles

- Self-Determination
- Unconditional Care
- Strengths-Based Supports
- Flexible Resources
- Natural Supports



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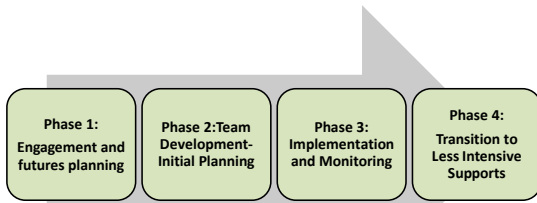
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## RENEW 4-Phase Process



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## RENEW Strategies

1. Personal Futures Planning
2. Individualized Team Development & Facilitation
3. Implementation and monitoring of individualized school and vocational supports
  - Braided (individualized) Resource Development
  - Flexible, or Alternative Education Programming
  - Individualized School-to-Career Planning
  - Naturally Supported Employment
  - Mentoring
  - Sustainable Community Connections



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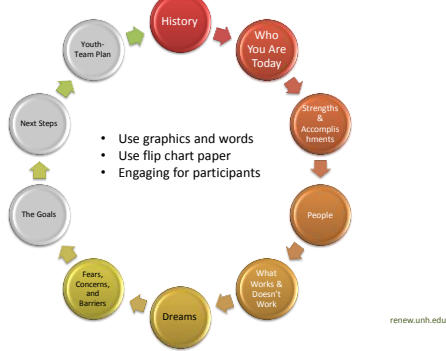
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### RENEW Maps




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### RENEW Development: How It Has Evolved

**In Earlier years...**

- Manual
- Training Curriculum
- Tools
- Focus of youth driven person centered planning

**Now...**

- Revised manual
- Expanded tools
- Facilitator Competencies
- Facilitator Job Description
- Fidelity Instrument (RIT)
- Website & Social Media
- Youth Mentoring Component
- Utilizing knowledge from implementation science
- Build Tier 3/RENEW Oversight Teams
- Greater emphasis in building a core team to support youth throughout process
- New coaching components

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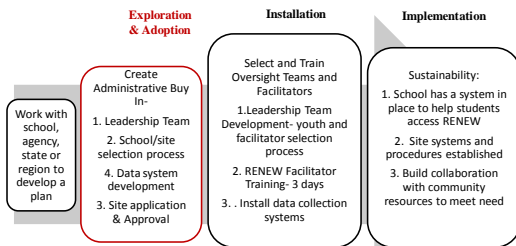
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### Institute on Disability: RENEW Implementation Model



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## Purpose of Leadership Team & RENEW

- Identify youth meeting criteria of intervention
- Identify school /agency personnel to be trained as RENEW facilitators
- Address systematic barriers for RENEW facilitation and implementation
- Develop referral process
- Match referred students to RENEW facilitators
- Track RENEW implementation with process and outcome data
- Disseminate information and successes with staff and community members
- Develop interagency collaboration to develop resources from multiple sources to link the youth with post-school supports
- To orient and ensure family involvement in the RENEW process



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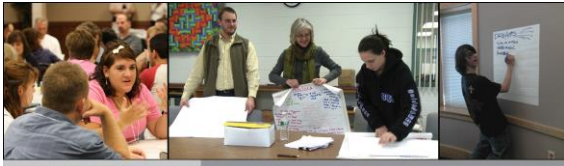
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## RENEW Projects & Applications



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## RENEW Projects

Projects:

- High school intensive intervention for dropout prevention projects: APEX, APEX II, APEX III
- Juvenile Justice Community Re-entry Project
- New Hampshire Mental Health Center Projects: RENEW I, II, III, IV



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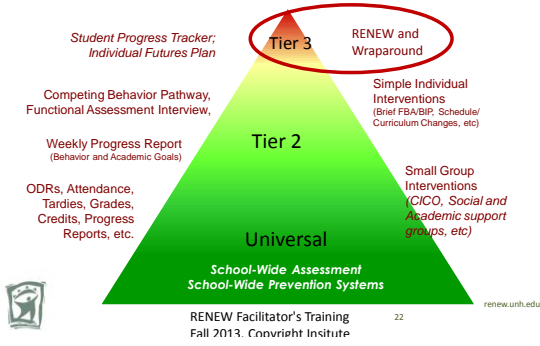
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### The APEX High School Model: Positive Behavior Interventions & Supports & RENEW

Malloy, Agorastou & Drake, 2009 Adapted from Illinois PBIS Network, Revised Sept., 2008 & T. Scott, 2004



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## National Applications

State-wide Applications:

- PA, MD, IL, NC

City/Site Based Applications:

- MO, MI, MT, WI



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## RENEW Capacity Building Project



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### RENEW Capacity Building Projects I, II, & III (Oct. 2008- Sept. 2013)

GOAL # 1: Create an administrative process so that RENEW services are reimbursable in the community mental health system and to braid funds from various health and education funding streams.

GOAL #2: Build capacity for staff at the MHCs and Schools to provide RENEW services through training and technical assistance



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### 6 Project Goals (cont.)

GOAL # 3: Provide RENEW services to no fewer than 60 youth. Ensure that 45 youth see improved outcomes in school, home and community.

GOAL #4: Build local capacity to provide seamless support for the youth through collaboration with schools, DJJS, DCYF, and community providers.



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### 6 Project Goals (cont.)

GOAL # 5: Develop proposals to expand and sustain the RENEW capacity-building initiative.

GOAL #6: Disseminate outcomes and learnings from the project.



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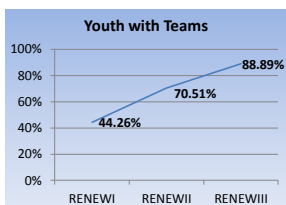
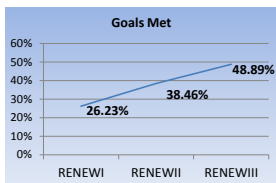
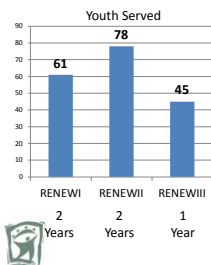
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Agency Outcomes Since 2008 (n=184):




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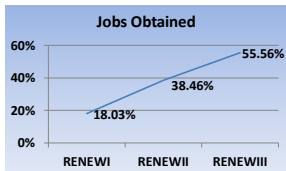
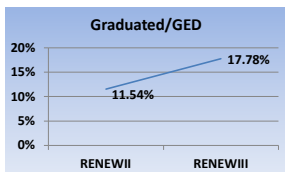
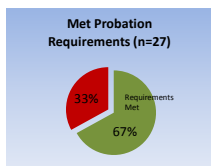
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Agency Outcomes Since 2008 (n=184):



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## RENEW IV Project

Funded by the Department of Health and Human Services

Overall Project Goal: Build the capacity of the state's 10 community mental health centers to provide RENEW, with fidelity, to 450 youth, ages 14- 21, who qualify for state-supported community mental health services in New Hampshire between 7/01/2013 and 9/30/2016. We will do this by providing training and coaching to center staff to implement the RENEW model, assist the centers to build strong linkages with schools and community agencies, and continue to facilitate a leadership process to problem solve around funding, implementation, and administrative barriers that prevent full implementation and access to high-quality transition services for youth with emotional and behavioral challenges.



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## Partnering Centers

- Northern Human Services (North Conway & Wolfeboro)
- Genesis Behavioral Health (Plymouth & Laconia)
- Riverbend (Concord)
- Community Partners (Rochester)
- Seacoast Mental Health Center (Portsmouth)
- Center for Life Management (Derry)
- Mental Health Center of Greater Manchester
- Greater Nashua Mental Health Center



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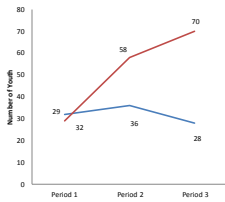


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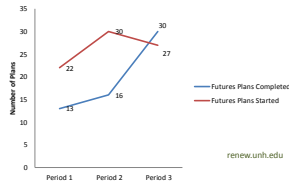


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### Enrollments



### Futures Plans



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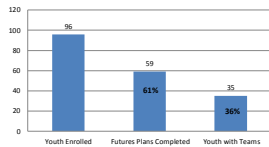


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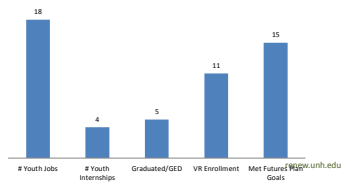


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### Cumulative



### Youth Outcomes



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## Collaboration with Schools



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## Key Strategies

- Point of contact
- Priority for RENEW implementation teams
- Available space in the school to meet with teams
- School staff on agency team & agency staff on school team
- Strong orientation/awareness between school and mental health center
- Memorandum of Understanding/Agreement for working together

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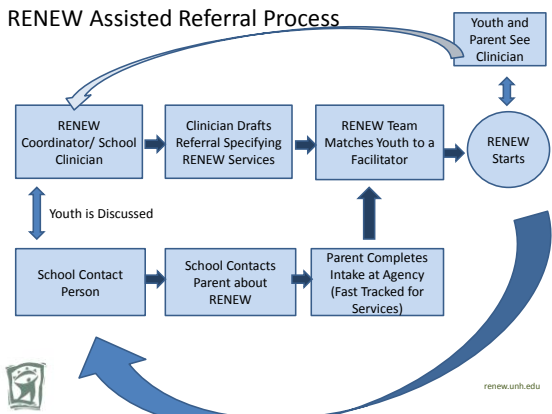
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### RENEW Assisted Referral Process



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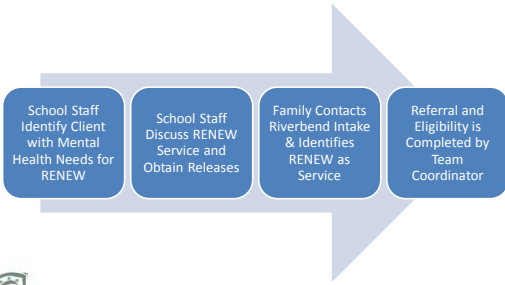
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### External Referrals



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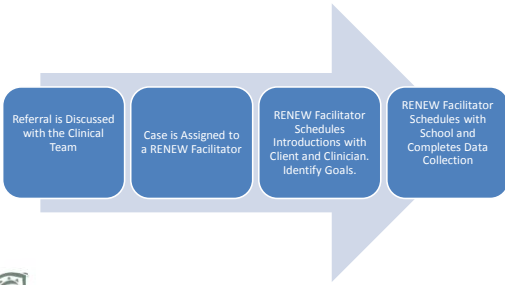
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### External Referrals



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### RENEW Mental Health and School Youth Example



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### How “T” got off Probation

- On probation for over 3 years due to stealing, drug use, not attending school, and fighting.
- Not following probation requirements (not performing well in school, leaving home, etc.)
- She came on board with RENEW wanting to change her life and get out of her life drama.

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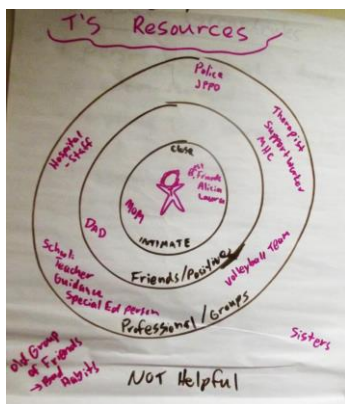
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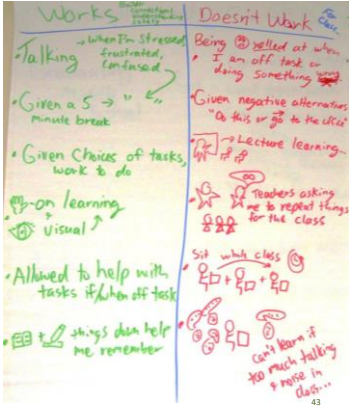
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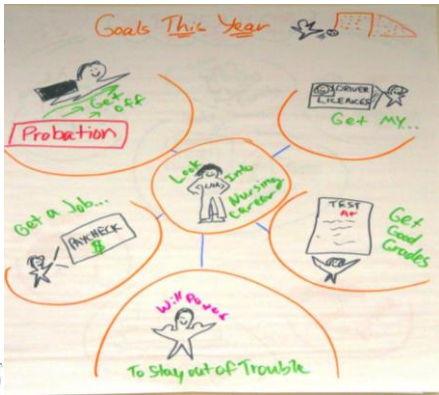
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## RENEW Plan

- Conduct personal futures planning
  - Develop rapport with T's JPPO
  - Align RENEW and Probation goals
    - Stay out of trouble
    - Do well in school
    - Follow curfew
    - No drugs/alcohol
  - Develop a team to support T
    - Her Best Friend
    - Mom
    - JPPO
    - School Counselor & Favorite Teacher
- Present to her 504 team for extra help in class



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## Results

- Got off probation within 30 days of inviting the probation officer
  - She made the honor roll
  - Got involved in the volley ball team
  - Followed curfew
  - Stayed drug/alcohol free
  - Made new friends
  - Got a job at Dunkin Donuts



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RENEW Agency  
System  
Implementation Team



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## Team History

- Team Start Up Mission & Goals
- Team Membership
- Team Process & Activities



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## Team Functions

- Identifying Youth
- Youth Referral Process for RENEW
- Data Tracking
- Building Internal Awareness
- Planning For Sustainability



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## Sustaining RENEW

- Coaching Capacity
- Internal Professional Development
- Ensuring Fidelity
- Building Internal Training Capacity



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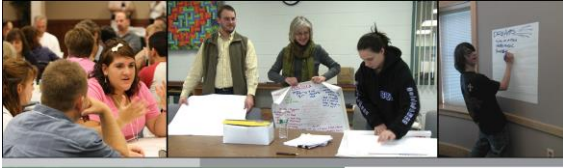
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## RENEW Case Presentation



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## Discussion



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- RENEW Training or Mental Health Specific Contact Information: [jonathon.drake@unh.edu](mailto:jonathon.drake@unh.edu)
- RENEW Projects Contact: [Sarah.ORourke@unh.edu](mailto:Sarah.ORourke@unh.edu)

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