

**Directions to the Grappone Conference Center:
70 Constitution Avenue, Concord, NH 03301**

From Concord:

North Main Street to 393/202 east to a right on South Commercial Street. Proceed to stop sign, turn left onto Constitution Ave. Courtyard by Marriott is on your right.

From the North:

I-93 South to exit 15W. Turn right at stop sign and proceed to flashing yellow light. Turn right onto Commercial Street. Proceed to stop sign and turn right, continuing on Commercial Street, and turn right into Corporate Center at Horseshoe Pond.

From the South:

i-93 North to exit 15W. Turn right at flashing yellow light onto Commercial Street. Proceed to stop sign and turn right, continuing on Commercial Street, and turn right into Corporate Center at Horseshoe Pond.

From the West:

I-89 to I-93 North; then follow directions From the South above.

From the East:

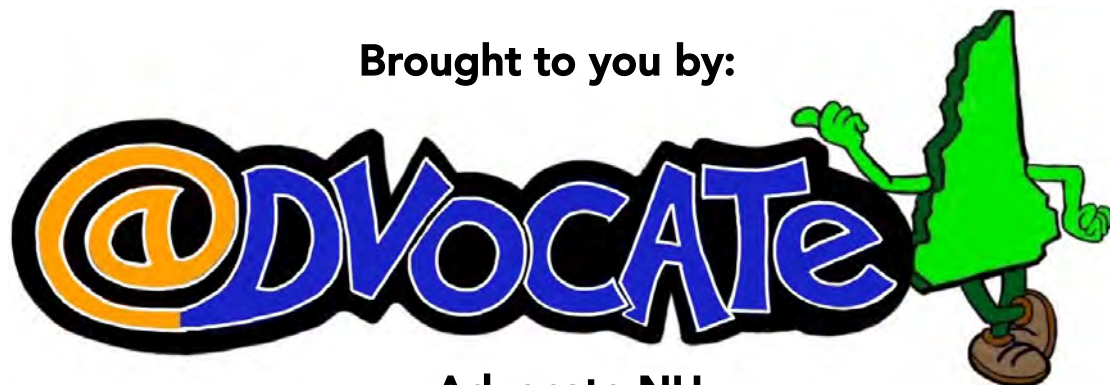
393/202 West (cross over I-93) to right at flashing yellow light onto Commercial Street. Proceed to stop sign and turn right, continuing on Commercial Street, and

Sponsorship / Exhibitor Opportunities Available!

For more information, please visit:

www.events.unh.edu/RegistrationForm.pm?event_id=23447

Brought to you by:



Advocate NH

In partnership with the Disabilities Rights Center—NH, DreamCatchers 2.0, Granite State Independent Living, NH Bureau of Developmental Services, NH Council on Developmental Disabilities, People First of NH, The Rising Stars, and the UNH Institute on Disability.

For more information contact Chet Bobola, 603-206-2838

**5th Annual
SELF ADVOCACY CONFERENCE** **LEARN IT!
LIVE IT!
LOVE IT!**

Friday, May 5, 2017

**9am-3:30pm (registration begins at 8:30)
Grappone Conference Center, Concord, NH**

Registration fee: \$30

Scholarships available

Free for DSPs supporting attendees

HIGH 5!



Presented by Advocate NH

In partnership with:

- ◇ Disability Rights Center—NH
- ◇ DreamCatchers 2.0
- ◇ Granite State Independent Living
- ◇ NH Bureau of Developmental Services
- ◇ NH Council on Developmental Disabilities
- ◇ People First of New Hampshire
- ◇ The Rising Stars
- ◇ UNH Institute on Disability

www.iod.unh.edu/advocate2017

Agenda

8:30–9:00	Registration & Breakfast
9:00–9:15	Welcome & Opening Remarks
9:15–10:00	Keynote Presentation
10:30–10:45	Break
10:45–12:00	AM Spotlight Session AM1-AM3
12:00–1:00	Lunch
12:30	<i>Diane Carignan Award Presentation</i>
1:00–1:15	Break
1:15–2:30	PM Spotlight Session PM1-PM3
2:30–2:45	Break
2:45–3:30	Closing Activity

Spotlight Sessions

AM1. Benefits 101

Peter Fleming and Rebecca Bennett

Understanding your benefits is an important part of being independent and advocating for yourself. This presentation will help you understand SSI, SSDI, Medicare and Medicaid as well as what will happen if you start working or increase your income. Presented by Peter Fleming, President of Rising Stars and longtime self-advocate and Rebecca Bennett, Community Work Incentive Counselor at Granite State Independent Living.

AM2. Service Rights

Nate Webb and Jan Skoby

You are receiving services through the developmental services system and have many rights. This interactive session will focus solely on your **service** rights. Topics will include speaking up for yourself with regard to the services you receive, selecting your service providers, and understanding the services that are available to you.

AM3. Best Foot Forward

John Fenley and David Ouellette

If you want to be a successful advocate and an effective leader in the disability rights movement, then you need to walk the walk and talk the talk.

Spotlight Sessions (cont.)

First impressions are important and how you look and act can determine whether you are taken seriously. Participants will receive tips on how to communicate and dress like a pro.

PM1. Say YES to Friendships & Relationships

Dream Catchers 2.0 and Rising Stars members

Friendships and deep relationships are what it's all about! This session will focus on forming and keeping positive friendships and relationships. Presenters will talk about their own experiences of friendship, dating, and marriage, and lead an audience participation activity and Q&A session. Attendees will leave with ideas on ways to form friendships, and knowledge about dating and forming deeper relationships: what works and what to avoid.

PM2. Social Media

Sarah Cooley and Mikayla Collins

Learn how to make social media useful in your life! We will explore some of the most popular social media platforms, discuss the role of social media in powerful social movements, and provide tips for staying safe online. There will be a special focus on Facebook, including how to create and use the profile, page, and group options.

PM3. The Person in Me: An Open Discussion

Keith Steckis and Sandi Caron

Despite passage of key civil rights laws, misunderstandings about people with disabilities persist. Interacting with and serving people with disabilities begins with an understanding that they are part of the fabric of the community and share the goals of equal opportunity, full participation, independent living, and economic self-sufficiency.

We will discuss The 10 Commandments of Communication with Persons with Disabilities; How to Hear and See Me; and Interacting with People with Disabilities: Myth Versus Facts.

Please join us!

The theme of the 2017 conference, High Five!, represents a celebration of five years of advocates around the state and region coming together and learn about strategies to live a full and productive life.

Whether that means learning to advocate for one's own financial needs, learning to meet new friends and build relationships with others, learning about rights and responsibilities related to individual services, sharing thoughts and feelings about self-determination with service providers, or strategies for putting one's best foot forward, our conference is about sharing how we all can be valued members of the community.

Keynote Presentation

Samuel Habib, advocate and 17-year-old junior at Concord High School, was the subject of his photojournalist and filmmaker father Dan Habib's award-winning 2007 documentary *Including*



Samuel. Now an up-and-coming filmmaker in his own right, Samuel's presentation "**The Fight Worth Fighting**" will center around his short documentary about disability rights pioneer Judy Heumann, followed by a talk about his inclusive high school life and his advocacy activity.

Event Policies:

Registration is required and accepted in the order received. Registrant is responsible for making payment arrangements. Payment is required prior to attending.

To receive a full refund, cancellation must be made 7 days prior to event. Cancellations received within 6 days of the event are not eligible for a refund, and registrant will be responsible for outstanding fees, if any.

Registration Form

Advocacy: Learn It! Live It! Love It!

5/5/17 | Grappone Conference Center, Concord, NH

Registration fee: \$30 Deadline: May 1, 2017

Name _____

Title/Role _____

Org/Affiliation _____

Address _____

City _____ State ____ Zip _____

Phone number _____

Email address _____

Choose one AM and one PM Spotlight Session:

AM: AM1 AM2 AM3

PM: PM1 PM2 PM3

Note dietary and/or accessibility accommodations:

I am a DSP attending to support (enter name): _____ so my fee is \$0.

Payment Method:

Check # _____ Payable to UNH IOD

Visa/Mastercard – Check your email for a link to pay balance online, or call 603.228.2084 to pay by phone.

Portions of this event will be photographed/ video recorded for educational and promotional purposes. Check here if you do **NOT** want to appear in photos/videos:

Register at:

www.iod.unh.edu/advocate2017

Or fill out this form and mail or fax to:

UNH IOD Events, 56 Old Suncook Road, Ste 2, Concord, NH 03301. Fax: 603.228.3270

Questions? Email contact.iod@unh.edu

Or call 603.228.2084